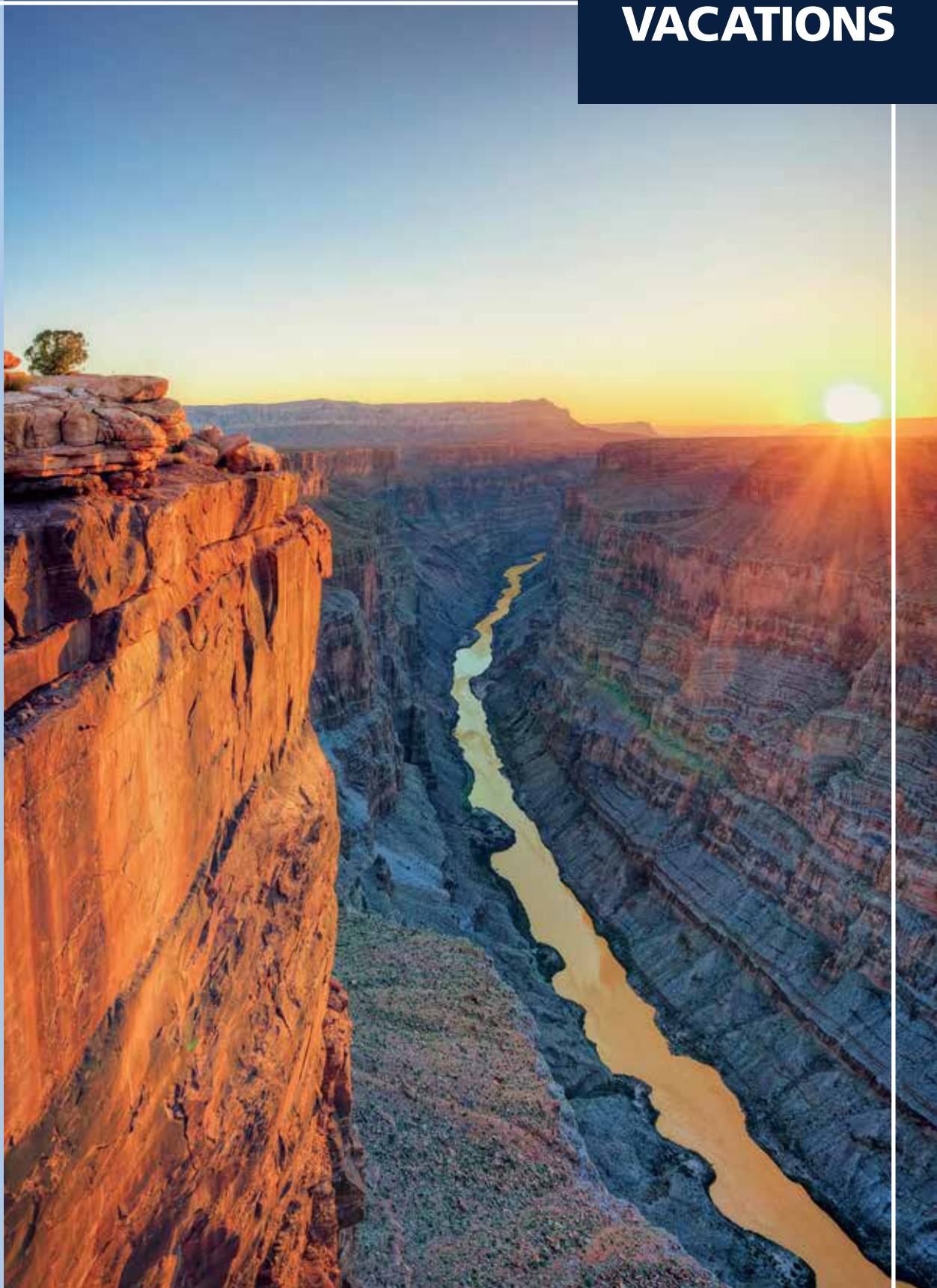


2026/27

North & South America

WELCOME TO PREMIUM TOURING

**INSIGHT
VACATIONS**





WELCOME TO

PREMIUM TOURING

AS THE WORLD LEADERS IN PREMIUM GUIDED TRAVEL,
WE PROMISE YOUR HOLIDAY WILL BE A SUPERIOR END-TO-END
EXPERIENCE, WITH ELEVATED ATTENTION TO DETAIL AT EVERY STEP.



Insightful Insights

From scenic boardwalks winding through windswept grasslands and glacial lakes, visitors are treated to views of floating icebergs, roaring waterfalls and the three iconic granite towers that give the park its name — Torres del Paine — meaning 'Towers of Blue' in the Tehuelche language. *Experience on Heart of Patagonia, page 56.*

Find your Perfect Tour

18 TOURS | 22 STATES | 6 COUNTRIES

Our Difference, Always Included

Learn more about what's included in your tour price below and see each of our tour pages and insightvacations.com for everything you can expect on your selected tour.

SPARK YOUR CURIOSITY *P.6-10*

All included experiences on your tour are outlined in your selected itinerary. Enjoy before-and-after hours access at many key sights, and your choice of one, two or three experiences on select days.

THE AMERICAS ON YOUR PLATE *P.11-13*

Enjoy your preference of included hot and continental breakfast daily. Savour many included meals, and dining with a regional and seasonal focus plus, the travel industry's leading vegetarian offering. Included meals are paired with wine, beer, tea and coffee.

AT YOUR SERVICE & EVEN MORE PREMIUM CHOICES *P.14-15*

Included support at every step, your two-person Travel Director & Driver team matched with a network of Local Experts will deliver an incredible experience that will spark your curiosities. Enjoy your choice of group size, and a selection of Women-Only tours. Complimentary coach airport transfers are also included across select tours in the Americas.

PUT YOUR FEET UP, LET YOUR HAIR DOWN *P.16-18*

Included nightly accommodation at trusted 5- and 4-star properties in central locations and locations of outstanding natural beauty. Enjoy many Relaxed Morning Starts after 9am and included portage and hotel tips.

SIT BACK, SPREAD OUT *P.19*

Included transport on our best-in-class coaches for a maximum 40 guests. Plus, on some tours, you could enjoy our custom 'Business Class' Style Coaches. You'll also enjoy fun and unique ways to travel like trains, ferries and boats in select destinations.

RESPONSIBLE TRAVEL SPECIAL FEATURE *P.20-21*

Pioneers in our commitment to responsible travel, we're guided by our sustainability strategy, How We Tread Right, and our goal to achieve net zero by 2050 - protecting people, wildlife, and the planet.

OUR TOURS *P.22-63*

Learn about our selection of tours that will inspire your sense of adventure, from the wild beauty of national parks to the rhythms of Latin culture - with experiences that stay with you long after the journey ends.

OFFERS, SAVINGS & BOOKING CONDITIONS *P.64*

THE TRAVEL CORPORATION SISTER TOUR BRANDS, AND OPTIONS FOR GROUPS OF 9+ TRAVELLERS *P.66*

Thoughtful Flexible Extras

While we always include what's outlined in your chosen itinerary, we also keep it flexible. Many free mealtimes allow you to cater to your preferences within your budgets and tastes. On select itineraries there are also Optional Experiences available if you wish to tailor your tour even further. Additional costs apply.

Insight Vacations is proudly rated

4.6/5 **feefo** 

Based on 40,000+ reviews

Our Tours

WESTERN USA & NATIONAL PARKS

Yellowstone Discovery P.22
7 DAYS

American Parks Trail P.24
9 DAYS

*America's Magnificent
National Parks* P.26
15 DAYS

Enchanting Canyonlands P.28
7 DAYS

Wonders of The American West P.30
10 DAYS

WESTERN CANADA & ALASKA

Jewels of Alaska P.32
7 DAYS

*Spectacular Rockies
and Glaciers of Alberta
with Rocky Mountaineer Option* P.34
8 DAYS

*Canadian Rockies
and Pacific Coast* P.36
14 DAYS

EASTERN CANADA & EASTERN USA

*Landscapes of the
Canadian Maritimes* P.38
12 DAYS

Best of Eastern Canada & USA P.40
14 DAYS

EASTERN & SOUTHERN USA

*New England's Fall Foliage
(Women-Only Option Available)* P.42
8 DAYS

*Spectacular National Parks
of Eastern USA* P.44
10 DAYS

*Treasures of Cape Cod
& the Islands* P.46
8 DAYS

Soul of the Deep South NEW P.48
(Women-Only Option Available)
9 DAYS

HAWAII

*Hawaii with Oahu,
Maui & The Big Island* P.50
10 DAYS

LATIN AMERICA

*Contrasts of Brazil
& Argentina NEW* P.52
9 DAYS

*Peru with Machu Picchu
& the Nazca Lines
(Women-Only Option Available)* P.54
13 DAYS

Heart of Patagonia NEW P.56
12 DAYS

WORLDWIDE GUEST FAVOURITES P.58-63

*A selection of guest favourites from
beyond the Americas, including Italy,
Spain, Turkey and Sri Lanka.*

Insightful Travel Trivia

Join thousands of others each week and
test your knowledge against our Travel
Experts for your chance to win prizes.



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Spark your Curiosity

CAREFULLY CRAFTED PREMIUM EXPERIENCES REVEAL EACH DESTINATION THROUGH A NEW LENS. THREADED THROUGHOUT EACH DAY, THEY DELIGHT YOU FROM DAY ONE, UNTIL IT'S TIME TO GO. HERE ARE JUST A FEW OF HUNDREDS THAT ARE WAITING ACROSS THE AMERICAS.

INSIGHT CHOICE

On chosen days, you're invited to select your preferred experience to personalise your journey.

ARGENTINE RANCH EXPERIENCE

Set in Buenos Aires' scenic pampas, **La Bandada Ranch** offers a slice of traditional estancia life. After a classic Argentine lunch, choose between a hands-on intro to polo (no riding needed) or an empanada-making class where you'll craft regional fillings and perfect the signature repulgue fold. Surrounded by wildlife and wide-open landscapes, it's an authentic taste of Argentine culture. *Experience on Contrasts of Brazil & Argentina, page 52.*

TALKEETNA SIGHTSEEING

Quirky, creative, and rich in frontier history, **Talkeetna** is a charming former mining town and gateway to Alaska's Denali. Choose your adventure: take a jet boat tour along the Chulitna River to explore rugged landscapes and a recreated trapper's cabin, or enjoy a scenic float down the Talkeetna River, spotting wildlife and soaking in views of the Alaska Range. *Experience on Jewels of Alaska, page 32.*



INSIGHTFUL ENCOUNTERS

You'll enjoy firsthand, personal encounters with local subject experts such as naturalists, historians and more. Uncover more than you could ever read in guidebooks, or discover on your own.

FRESH SEAFOOD MEETS FRESH PERSPECTIVES

Renowned as 'The Scallop Capital of the World,' Nova Scotia invites you to meet with **Brad Hewey**, a distinguished local fisherman. Delve into maritime history and the intricacies of life at sea while indulging in succulent scallops freshly harvested from the Atlantic. *Experience on Landscapes of the Canadian Maritimes, page 38.*

PETALS AND PASTURES IN VERMONT

Connect with **Vermont's** agricultural roots as you meet the owners of Bread & Butter Farm to learn about their sustainable farming practices, and how it reflects the region's heritage. You'll also join **Chef Tessa**, owner of Blossom Whole Foods' Kitchen, to gather seasonal blooms and hear about her life as a seventh-generation Vermonter before enjoying a farm-to-table lunch. *Experience on New England's Fall Foliage, page 42.*

DELVE DEEPER INTO THE GRAND CANYON

Enhance your understanding of the **Grand Canyon's** profound depths. Join esteemed geologist '**Canyon Tim**' along the South Rim, where you will explore the creation of this ancient, five-million-year-old marvel. Delve into its geological formation and contemporary significance, while keeping an eye out for native wildlife such as mountain lions and elk. *Experience on America's Magnificent National Parks, page 26 and Enchanting Canyonlands, page 28.*

WORLD-CLASS LUNCH WITH A WORLD RECORD HOLDER

Explore the legacy of sled dog racing with four-time **Iditarod champion, Martin Buser**, at his home in **Big Lake, Alaska**. Over lunch, delve into the demanding 1,049-mile race across the Alaskan wilderness, including his record-setting journey completed in just 8 days and 3 hours alongside the remarkable dogs that made it all possible. *Experience on Jewels of Alaska, page 32.*

WILDLIFE, WOLVES AND YELLOWSTONE'S WONDERS

Join **Adam Brubaker** of Tied to Nature for a private tour of **Yellowstone's Northern Range**. Explore diverse habitats, spot wildlife like bison, wolves, and elk, and visit the Lamar Valley - the site of Yellowstone's successful gray wolf reintroduction in 1995. Along the way, discover the park's rich ecological history and breathtaking landscapes. *Experience on Yellowstone Discovery, page 22.*



A wide-angle photograph of a majestic mountain landscape. In the foreground, a suspension bridge with a glass floor extends over a deep, forested valley. Several people are visible on the bridge, looking down. The valley is filled with dense evergreen trees. In the background, a massive mountain range rises, with a large glacier visible on one of the peaks. The sky is clear and blue.

INSIDER ACCESS

Experience travel as an insider, not merely as a tourist. Benefit from exclusive before and after-hours access and private entries that allow for a more intimate and personal discovery.

EXCLUSIVE ACCESS TO EXTREME VIEWS

Experience the **Glacier Skywalk** (pictured) after-hours, a glass-floored walkway suspended 280m above the Sunwapta River. The following day, enhance your Rockies adventure with a pre-opening Ice Explorer tour of the Athabasca Glacier, enriched with insights from a Local Expert about this ancient 200,000-year-old ice mass. *Experience on Spectacular Rockies & Glaciers of Alberta, page 34 and Canadian Rockies & Pacific Coast, page 36.*

A FIVE MILLION STAR EXPERIENCE

As day turns to night, enjoy exclusive after-hours access to **Cusco's Planetarium**. Explore the Inca's deep connection with 'chaskas' (stars) over hot tea, while a Local Expert illuminates the constellations' influence on Andean cultures. Then, peer through telescopes to marvel at the brilliant night sky. *Experience on Peru with Machu Picchu & the Nazca Lines, page 54.*

MEET THE MASTERS OF MARDI GRAS

Discover the heart of New Orleans at **Mardi Gras World**, where you'll experience an explosion of colour and character as you enjoy an exclusive behind-the-scenes look at the festival's vibrant floats, art, and costumes that define the city's iconic annual parades. Learn about the traditions and the festive 'Krewe' balls, and even craft your own festival mask with a resident artist. *Experience on Soul of the Deep South, page 48.*

A PRIVATE SAIL ON PRISTINE WATERS

Nothing says glamour like a sailing experience in New England. Embark on a private sail off Newport, Rhode Island aboard the 80ft schooner yacht, **Adirondack II**. With a seasoned captain at the helm, explore the region's rich history while sailing past islands and historic landmarks, and discover the tales of the area's affluent residents, past and present. *Experience on Treasures of Cape Cod & the Islands, page 46.*

*In*sightful Insights

A hidden gem in Nashville is its proximity to the world's largest known cave system. As you explore Music City, prepare for an unexpected adventure with a guided tour of **Mammoth Cave National Park**, a UNESCO World Heritage Site and International Biosphere Reserve located just outside the city. Led by a Park Ranger, you'll enjoy an immersive learning experience through the vast and intricate cave network. *Experience on Spectacular National Parks of Eastern USA, page 44.*

ICONIC HIGHLIGHTS

Uncover man-made landmarks and natural phenomena with an insightful twist.

THE MAGIC OF MACHU PICCHU

Built in the 15th-century by Incan ruler Pachacutec Inca Yupanqui, **Machu Picchu** is one of the most iconic and well-preserved archaeological sites in the world. With a Local Expert as your guide, you'll be captivated by stories of its creation — uncovering the significance of each carefully crafted structure — set against a backdrop of scenery and the cloud forest that can only be described as enchanting. *Experience on Peru with Machu Picchu & the Nazca Lines, page 54.*

RIO WELCOMES YOU WITH OPEN ARMS

Ascend Mount Corcovado in Tijuca Forest National Park with a Local Expert to the base of the 98ft tall **Christ the Redeemer**. Revel in breathtaking views of Rio de Janeiro and uncover the statue's origins, religious significance, and cultural importance, a blend of French craftsmanship and Brazilian heritage. *Experience on Contrasts of Brazil & Argentina, page 52.*

GILDED GLAMOUR IN NORTH CAROLINA

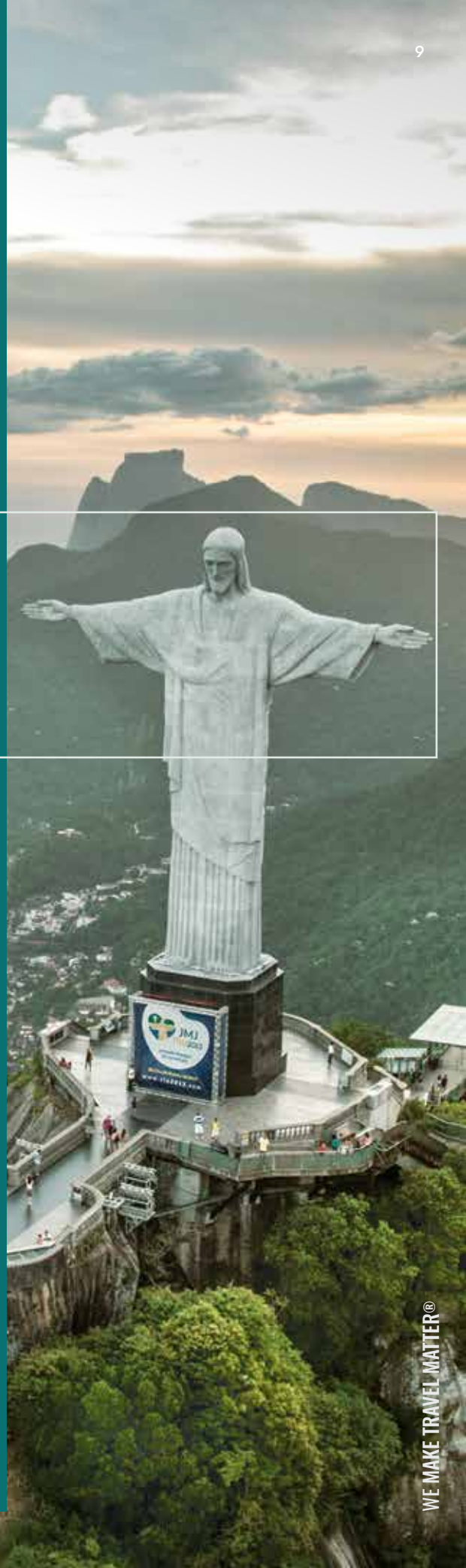
The iconic **Biltmore Estate** is the largest privately owned home in America. Built by George Vanderbilt in 1895, the 250-room French Renaissance château is set on 8,000 acres of gardens and forest. Fuel your curiosities and enjoy taking a peek into the glamour of the Gilded Age as you explore the mansion, winery, and grounds, marvelling at its sheer scale, elegance, and historic legacy. *Experience on Spectacular National Parks of Eastern USA, page 44.*

FACE-TO-FACE WITH A WARRIOR

Explore the iconic **Crazy Horse Memorial** nestled in South Dakota's Black Hills, on Thunderhead Mountain. Led by a Local Expert, delve into the legacy of Tasunke Witko, or Crazy Horse, a revered Oglala Lakota warrior. Learn of his heroic feats, commitment to Lakota traditions, and witness the ongoing construction of this monumental tribute, hailed as the Eighth Wonder of the World. *Experience on American Parks Trail, page 24 and America's Magnificent National Parks, page 26.*

FALL HEAD OVER HEELS FOR NIAGARA

Situated on the Canadian-US border, set sail aboard a state-of-the-art eco-catamaran to **Niagara Falls**. Experience the exhilarating sensation of feeling the cool spray of the falls up close. With its staggering volume of 2,407 tons of water per second, there's no better vantage point to witness this natural wonder. *Experience on Best of Eastern Canada & USA, page 40.*



WE MAKE TRAVEL MATTER® EXPERIENCES

Your personal encounter with the Americas extends to the positive impact you'll make on people and places through experiences that both educate and inspire.

A MONUMENTAL NAVAJO EXPERIENCE

Travel off-road to a scenic cookout site in **Monument Valley** (pictured) for a traditional barbecue lunch with members of the Navajo Nation. Enjoy Navajo tacos, fry bread, and offering a meaningful connection to this rich, ancient culture. This experience supports UN Global Goal 10: Reduced Inequalities. *Experience on Enchanting Canyonlands, page 28.*

BEAT THE CROWDS TO THE BEAT OF THE MUSIC

Delve into the rich history of soul music and its global impact at the **Stax Museum of American Soul Music in Memphis** for an exclusive after-hours visit. Discover the museum's origins in the 1950s and its dedication to preserving and honoring American soul music, featuring legends like Otis Redding, The Soul Children, and Jean Knight. Your visit supports UN Sustainable Development Goal 4: Quality Education. *Experience on Soul of the Deep South, page 48.*

INSPIRATIONAL INSIGHTS FROM AN INDIGENOUS COMMUNITY

Explore **Mādahōki Farm**, a 164-acre haven nestled within Ottawa's Greenbelt in Canada, dedicated to both conservation efforts and celebrating Indigenous heritage. Your visit supports UN Sustainable Goal 10: Reduced Inequalities and UN Sustainable Development Goal 11: Sustainable Cities & Communities. *Experience on Best of Eastern Canada & USA, page 40.*

SHARE ALOHA WITH HAWAIIAN LOCALS

Immerse yourself in Hawaiian culture with Lilia, a 13th-generation native, at **Gunstock Ranch on Oahu**. Plant a sacred Milo tree and watch it grow, aiding in landscape revitalization and reforestation through the Hawaiian Legacy Reforestation Initiative. Your visit supports UN Sustainable Development Goal 15: Life on Land. *Experience on Hawaii with Oahu, Maui & The Big Island, page 50.*

Look for this logo next to experiences featured on your itinerary.

MAKE TRAVEL MATTER®
EXPERIENCE



WE SUPPORT THE SUSTAINABLE DEVELOPMENT GOALS

The Americas on Your Plate

A GREAT JOY OF TRAVEL IS
DISCOVERING A DESTINATION
THROUGH CUISINE.

Join chefs and local culinary experts,
and take your seat at a selection of our
favourite restaurants and establishments across
the Americas. Delectable meals are paired
with wine, soft drinks, tea and coffee, and
vegetarian guests will enjoy industry-leading
options. Plus, you'll rise and shine as you
expect, with breakfast included every morning.

Fogón Asado, Buenos Aires, Argentina. *Experience
on Contrasts of Brazil & Argentina, page 52.*

TOP-RATED RESTAURANTS

Each establishment, hand-selected by our expert team, delivers distinct flavour, flair, and all the trimmings.

WE HOPE YOU PACKED YOUR APPETITE

Step back into the nostalgic charm of the 1940s at **The Beauty Shop**, Memphis said to be where Priscilla Presley had her hair done. Now a cherished local gem, it offers American cuisine with a distinctive twist. Savour dishes such as **sweet Louisiana crab**, **grilled hickory brisket** and **seared gulf shrimp topped off with crème brûlée**, all within the cosy embrace of vintage hairdryer-adorned booths. *Experience on Soul of the Deep South, page 48.*

ISLAND FLAVOURS, REIMAGINED

Tucked into Maui's scenic upcountry, **Hali'imaile General Store** is a culinary landmark blending local charm with bold flavours. Savour **Korean BBQ short ribs** or **citrus-roasted chicken**, and don't miss the **signature pineapple upside-down cake** served warm with **caramelised Maui Gold** and fresh whipped cream. *Experience on Hawaii with Oahu, Maui & the Big Island, page 50.*

TURN UP THE HEAT

Fogón Asado, Argentina, featured in the 2024 Michelin guide, reimagines Argentina's traditional and succulent asado (barbecue). Take your seat for an intimate **9-course tasting menu** where you can watch the chefs as they prepare each dish over an open flame, right before your eyes, complemented by handpicked Argentine wines. *Experience on Contrasts of Brazil & Argentina, page 52.*

PERUVIAN PERFECTION

Dine in the heart of Cusco's Museum of Pre-Columbian Art at **MAP Café** (pictured), a 17th-century courtyard architectural gem set within what was once the Casa Cabrera — a former Spanish mansion. Expect a refined culinary experience where contemporary **Peruvian flavours** seamlessly blend with centuries of history. *Dine here on Peru with Machu Picchu & the Nazca Lines, page 54.*





COOKING DEMONSTRATIONS

Join top chefs and culinary experts to craft local dishes rich in taste and style.

LOCAL CHEFS, GLOBAL FLAVOURS

Across the Americas, talented local chefs impart new skills and recipes. In Ottawa, immerse yourself in a captivating forest-to-table cooking demonstration and dinner at **Just Food** (pictured above), under the guidance of chefs at the community farm, using fresh foraged ingredients reflected through a seasonal ever-changing menu. *Experience on Best of Eastern Canada & USA, page 40.*

DINE-AT-HOME

Relish the company of locals, who open their doors, lay their tables and share their traditions offering you a unique insight into their lives.

TOAST TO NEW CULINARY DISCOVERIES

Indulge in the essence of tradition with a **Peruvian 'Pachamanca'**. Hot stones, wrapped in leaves, simmer underground for hours as your fragrant feast is cooked to perfection. Once ready, partake in a ceremonial 'opening' of the Pachamanca with a toast. Witness the symbolic pouring of alcohol onto the ground, a tribute to Mother Earth. *Experience on Peru with Machu Picchu & the Nazca Lines, page 54.*

THOUGHTFUL VEGETARIAN MENUS

Vegetarian options await across all meals and menus.

GRILLED AND THRILLED

At Thunderbird Dining Room, Grand Canyon National Park, savour the richness of **grilled portabella and calabacitas in peppercorn creme sauce**, or delight in wholesome **pearl couscous with roasted vegetables**. Accompanied by flavorful potato salad, tangy pickled vegetables, and refreshing apple cranberry coleslaw. Finish with a classic American dessert: apple pie. *Experience on Wonders of the American West, page 30.*

DINE-AROUND

On selected days, personalise your dining journey from a choice of hand-picked restaurants.

DO YOURSELF A FLAVOUR

Experience a culinary journey of your choice at **The Westin Maui Resort & Spa**. Choose between the vibrant Waialeale Luau, featuring **traditional Polynesian flavours** and captivating dance, or a serene dining experience at one of the resort's restaurants for a delightful dining experience curated by you. *Experience on Hawaii with Oahu, Maui & The Big Island, page 50.*



At Your Service

YOUR 24/7 DEDICATED TEAM TAKES CARE OF EVERY DETAIL, EVERY STEP OF THE WAY.

From the moment your journey begins, your **Travel Director** ensures everything runs smoothly. With destination expertise guiding you through each location with passion and flair, and thoughtful attention to detail, they handle it all - from big-picture planning to last-minute requests.

Your skilled **Driver** ensures each journey is seamless and comfortable, with your luggage handled and your best-in-class coach impeccably maintained. Complementing your team is a network of **Local Experts** - passionate in-destination specialists who bring each place to life with deep insight into its history, culture, and storeys. Together, your team ensures an experience as exceptional as the destinations themselves.

Premium Service extends to included portage for a seamless experience. This outstanding service is recognised by the Feefo Platinum Trusted Service Award as a reflection of the care and satisfaction of our past guests.



Platinum Trusted
Service Award

2025

feefo

Even More Premium Choices

OUR PREMIUM SPECIAL TOUCHES EXTEND TO WOMEN-ONLY TOURS, AND YOUR CHOICE OF GROUP SIZE TO SUIT YOUR PREFERENCES.

WOMEN-ONLY TOURS

We're proud to bring you a collection of Women-Only itineraries across Europe, North Africa and the Americas. Crafted for women, by women, with experiences that support female owned businesses, these tours will enrich and inspire.

For a maximum of 24 guests, on these tours you'll travel alongside likeminded women from around the world. In the Americas you can look forward to Women-Only departure options for:

- New England's Fall Foliage, page 42
- Treasures of Cape Cod & the Islands, page 46
- Soul of the Deep South, page 48
- Peru with Machu Picchu & the Nazca Lines, page 54

To learn more, or to discover the full collection, including discovering the Women-only experiences that await on these tours please visit insightvacations.com/women-only or speak to your Travel Agent.

CHOOSE YOUR GROUP SIZE

Select the group size that suits your needs - both options offer a more intimate experience than mainstream tours, with access to unique places larger groups simply can't reach.

AVERAGE OF 33 TRAVELLERS

With an average of 33 and a maximum of 40 guests, enjoy a more personal journey than mainstream tours of 50+ guests, plus access to experiences not available to larger groups.

AVERAGE OF 20 TRAVELLERS

With an average of 20 and maximum of 24 guests, this option offers even more personal attention, space, and a highly tailored experience.



An aerial photograph of a resort. In the foreground, a large, rectangular swimming pool with clear blue water is visible. Along the bottom edge of the pool, there is a row of lounge chairs and several large, green patio umbrellas. To the left of the pool, there is a small, circular hot tub. The pool is surrounded by a well-maintained green lawn. In the background, a dense, lush green jungle covers a hillside. At the top of the hill, a waterfall is visible, with mist rising from the base of the falls. The sky is bright and slightly hazy.

Put Your Feet Up, Let Your Hair Down

THE ART OF TOURING IN STYLE
BLENDS SEAMLESSLY FROM DAY INTO
NIGHT WITH 5- AND 4-STAR HOTELS
AND UNIQUE PROPERTIES THAT UNITE
STYLE AND LOCATION IN EQUAL
MEASURE. YOU'LL ALSO ENJOY MANY
RELAXED MORNING STARTS AFTER 9AM.

TOP-RATED HOTELS

Sink into a blissful sleep, waking up fresh and recharged with premium touches.

SLEEP WITH A SIDE OF WONDER AT GRAN MELIA IGUAZU

One of the world's best addresses, the only hotel within Iguazú National Park, the location, infinity pool and delectable dining options all come together at **Gran Meliá Iguazú** (pictured) for an exceptional experience right next to one of the Seven Natural Wonders of the World. *Experience on Contrasts of Brazil & Argentina, page 52.*

ADD EXTRA TO YOUR ORDINARY AT RHODE ISLAND'S HOTEL VIKING

Newport, Rhode Island, epitomizes American glamour with its Gilded Age Mansions and yacht-filled harbour. Experience its sophistication firsthand at the boutique **Hotel Viking**, a Historic Hotels of America property. Enjoy luxurious surroundings and exceptional hospitality in this refined destination. *Experience on Treasures of Cape Cod & the Islands, page 46.*

LIFE'S A BEACH AT RIO DE JANEIRO'S COPACABANA HILTON HOTEL

Hilton Rio de Janeiro Copacabana offers unparalleled sightseeing on your doorstep. With views of the beach and iconic Sugarloaf Mountain in the distance, you'll want to sit beside the rooftop pool and take it all in. *Experience on Contrasts of Brazil & Argentina, page 52.*

SETTLE IN FOR SOME R&R AT THE WESTIN MAUI RESORT

After your insightful days exploring, rejuvenate at **The Westin Maui Resort & Spa** on the shores of the Pacific Ocean. Nestled on Ka'anapali Beach, with multiple pools, loungers, and restaurants, the resort offers ample opportunities to unwind and relax. *Experience on Hawaii with Oahu, Maui & The Big Island, page 50.*

DISCOVER THE MAGIC OF ARANWA SACRED VALLEY HOTEL

Nestled in a 17th-century colonial hacienda, **Aranwa Sacred Valley Hotel & Wellness** immerses you in the rich heritage of Incan culture. Globally acclaimed, it ranks fourteenth worldwide by Condé Nast Traveller readers, embodying premium excellence. *Experience on Peru with Machu Picchu & the Nazca Lines, page 54.*

THE BRILLANCE OF BRETON AT THE INVERARY RESORT

Discover Cape Breton's renowned hospitality at **The Inverary Resort, Baddeck**, nestled on the shores of Bras d'Or Lakes. With waterfront views and exceptional service, it serves as the perfect central base for exploring the island. *Experience on Landscapes of the Canadian Maritimes, page 38.*



UNIQUE STAYS & COZY LODGES

Understand the true meaning of “location, location, location” with our exceptional collection of stays that come with a side of ‘WOW’.



ENJOY AN ELEVATED STAY AT GLACIER VIEW LODGE

The ultimate address, your stay at Jasper National Park, **Glacier View Lodge** (pictured above) offers unrivaled views and exclusive access to the Athabasca Glacier before regular hours. *Experience on Spectacular Rockies & Glaciers of Alberta, page 34 and Canadian Rockies & Pacific Coast, page 36.*

BE NESTLED IN NATURE AT YELLOWSTONE NATIONAL PARK LODGES

Stay in the heart of Yellowstone National Park at one of the many lodges situated within the park boundaries. Enjoy after-hours access to marvel at Old Faithful without the crowds. Relax in classic wood lodging, complete with

a roaring open fire for an authentic American frontier experience. *Experience on America's Magnificent National Parks, page 26, American Parks Trail, page 24 and Yellowstone Discovery, page 22.*

HOTEL LAS TORRES – THE PEAK OF PREMIUM ACCOMMODATIONS

In Torres del Paine National Park, **Hotel Las Torres Patagonia** offers panoramic vistas of the valley and mountains. Enjoy premium culinary offerings and facilities, including a wellness centre, perfect for unwinding after exploring a portion of the park's vast 448,284 acres. *Experience on Heart of Patagonia, page 56.*

Sit Back, Spread Out

ENJOY A JOURNEY AS GOOD AS THE DESTINATION.

Across our fleet of coaches, you can expect air-conditioning, restrooms, device charging stations, and thoughtful extra touches such as complimentary Wi-Fi, footrests, tray tables, entertainment screens and more. With group sizes capped at a maximum of 40 guests across all our tours, there's always more space to stretch out and relax, no matter your destination. And, in select destinations* in North America we take extra space to the next level, with our exclusive 'Business Class' Style custom coaches, designed with 10 fewer seats than standard, offering up to double the legroom of mainstream coaches.

As you'd expect, all gas, parking, and tolls and fees are included, and your luggage is loaded for you when you arrive at your hotel, and loaded again when it's time to go. Learn more about our coaches, and other fun ways to get around including train rides, included internal flights in select destinations and fun local ways to travel that you might experience on your selected tour. Visit insightvacations.com/coaches

*Please note that coach facilities and specifications may vary across different regions, depending on where you travel.

Pioneering Responsible Travel

MAKE YOUR TRAVELS A FORCE FOR GOOD.

Travel has the transformative power to create a positive impact not only on you but also on the locals of the destinations you visit. As a tour company, we're driven by the mission to protect the world as we know it, ensuring future generations can discover it. We pledge to make a positive impact on the people and communities we visit, protect the wildlife we encounter and conserve the natural resources of the planet we call home. This comes to life through our 5-year sustainability strategy How We Tread Right (HWTR) and our not-for-profit TreadRight Foundation, which supports sustainable travel initiatives worldwide, with a focus on nature-based solutions to the climate crisis.

THE 5-YEAR STRATEGY

How We Tread Right (HWTR), is our guiding light when it comes to addressing the impact of our business and trips. It consists of 11 measurable goals which address the issues of climate change, sustainable food production, waste reduction, travel experiences, diversity and inclusion, and wildlife — all anchored to the United Nations Sustainable Development Goals (SDGs).

OUR JOURNEY TO NET ZERO

Since the inception of our sustainability strategy, the global community has continued to rally in response to the urgent need for climate action. We're committed to achieving net-zero greenhouse gas (GHG) emissions by 2050. Our dedication to this goal is outlined in our Climate Action Plan, with science-based targets to address our carbon footprint. We are proud of the fact that, alongside our sister brands, we became the first global tour operator to have near-term, long-term and net-zero targets validated by the Science Based Target initiative (SBTi).

*Please scan for more insights into
our journey to make a positive impact.*





*In*sightful Insights

PERUVIAN PATTERNS

Incan textiles remain prized today for their beauty and cultural significance, with some pieces taking over 600 hours to create. In Peru's **Sacred Valley** foothills, you'll meet a **Quechua weaver** for firsthand insights into ancient weaving techniques dating back to 600 BC. Discover how vibrant textiles shape personal and regional identities in the Andes, conveying stories and emotions about the natural world. Your visit supports UN Sustainable Development Goal 5: Gender Equality & UN Sustainable Development Goal 10: Reduced Inequalities. *Experience on Peru with Machu Picchu & the Nazca Lines, page 54.*

Yellowstone Discovery

Enter the vast wonderland of the world's first National Park. Meet a local naturalist and explore natural wonders from Bozeman to Jackson Hole on an in-depth discovery.

7 DAYS | 1 COUNTRY | 10 MEALS | DYNAMIC



4.7¹/₅
★★★★★
feefo

Guest Review Rating



Trip code: AYLO

DEPARTURE MONTHS

June - September

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/yellowstone

DAY 1 | WELCOME TO BOZEMAN

Views of the magnificent Rocky Mountains welcome you to Bozeman. Get to know this charming town with an easy stroll along Main Street. In the evening, dine in the company of your fellow travellers. (D)

Hotel: AC by Marriott Downtown, Bozeman

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | ENJOY BOZEMAN

Let your curiosity be your guide as you explore Bozeman with Insight Choice. Opt to join a guided walking tour of Bozeman's historic Main Street, once a gathering place for the local indigenous people and an important location in the 1860s gold rush. Enjoy the stories of the colourful characters who influenced the look and shape of the town as you stroll past historic buildings. Or, visit the Museum of the Rockies, a world-class cultural and natural history museum renowned for displaying an extensive collection of dinosaur fossils. Get up close to the fully mounted Montana Tyrannosaurus rex skeleton and explore exhibits including Welcome to Yellowstone Country, Enduring Peoples and the Paugh History Hall. (B) (RS)

DAY 3 | HELLO YELLOWSTONE

Begin in Big Sky Country and travel toward West Yellowstone, a long-standing gateway to the park since the early 1900s. Inside Yellowstone National Park, pause at Gibbon Falls, where the river descends over ancient volcanic rock. Nearby, Norris Geyser Basin reveals the park's most thermally active terrain, with acidic springs, steam vents and unpredictable geysers offering a close look at Yellowstone's powerful geothermal systems. (B) (L)

Hotel: Yellowstone National Park Lodges

DAY 4 | MAMMOTH HOT SPRINGS SIGHTSEEING

Set out with Local Expert Adam Brubaker, naturalist and photographer, to track Yellowstone's iconic wildlife in its natural habitat, from elusive wolves to mighty bison. As you scan the vast landscapes, learn how to spot telltale signs of movement and discover the delicate balance that allows these species to thrive. One of the major geyser basins in Yellowstone, Mammoth Hot Springs terraces invites you to put boots to ground on a gentle hike. The 2.2-mile Mammoth Terraces Trail passes many of the most beautiful and historic hot spring terraces of the park and snakes up to a sweeping outlook. This afternoon, explore Fort Yellowstone, home to 35 remaining buildings from the 1890s and early 1900s, and visit the Mail Carrier's Cabin, the only 1800s log structure still standing in Mammoth Hot Springs. After this step back in time, your Travel Director reveals more of Yellowstone National Park. (B) (D)

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.



Visiting Yellowstone feels like stepping onto another planet, where over 10,000 geothermal features bubble, steam, and erupt in a landscape unlike anywhere else on Earth.

MARITZA LOPEZ, SENIOR TRAVEL EXPERIENCES MANAGER

DAY 5 | YELLOWSTONE'S GRAND CANYON

Venture deeper into Yellowstone's heart as you journey from the travertine terraces of Mammoth Hot Springs to the dramatic landscapes around Canyon Village. Pause at the Grand Canyon of the Yellowstone, where the river has carved a spectacular chasm over millennia. From Artist Point, enjoy a view of the towering Lower Falls framed by the canyon's vividly coloured volcanic walls. Later, engage in a MAKE TRAVEL MATTER® Experience that brings you face-to-face with the living heritage of the Apsáalooke Nation. Through the words of Charles Yarlott, Jr., gain powerful insight into his people's ancestral connection to this land, passed down through oral history and lived tradition. Discover how the Crow people, known for their horsemanship and

warrior traditions, preserved their culture and identity through centuries of upheaval. **(B)**
Hotel: Yellowstone National Park Lodges

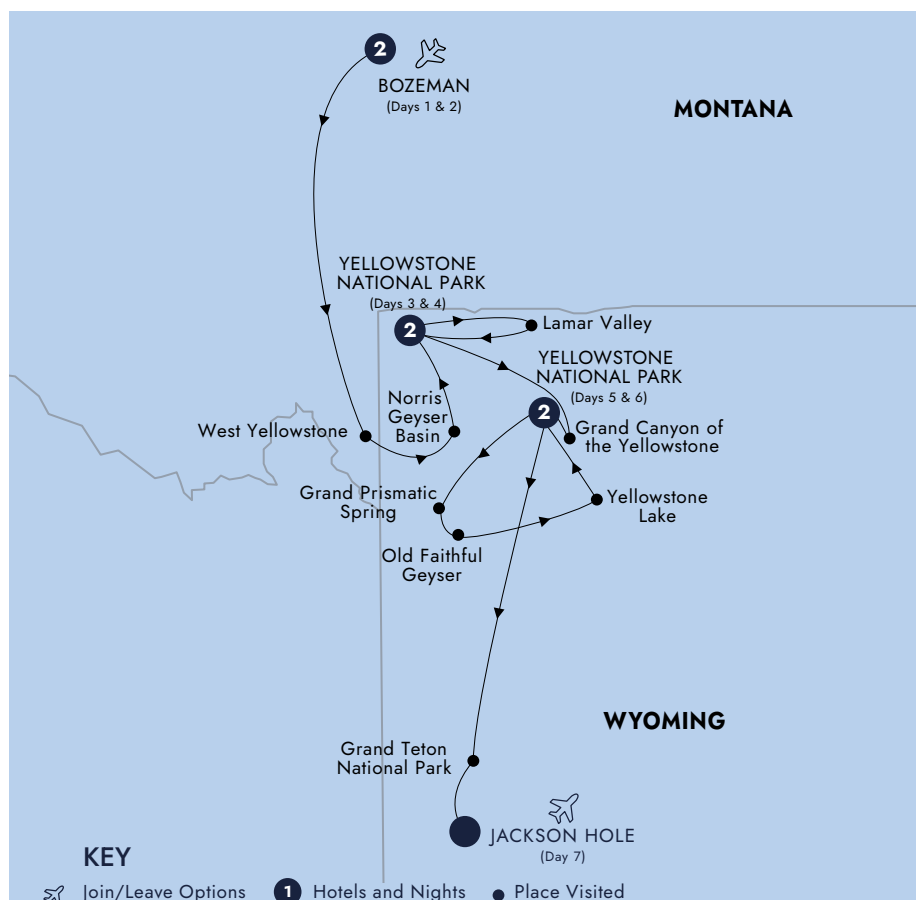
DAY 6 | YELLOWSTONE'S FAMOUS OLD FAITHFUL

Set off this morning with a short hike on the Midway Geyser Loop, strolling along the boardwalks as steam rises from the distant Grand Prismatic Spring - Yellowstone's largest hot spring - and past Turquoise Pool and Opal Pool. Your Travel Director leads the way to Old Faithful showcasing other highlights of the park along the way. After lunch, take your time exploring the many impressive thermal features around Old Faithful, one of Yellowstone's most famous geysers. From rising steam to colourful pools and ponds, choose from a variety of hikes from less than 1.6km to 5km. **(B)**

DAY 7 | MOUNTAIN PEAKS AND THE WILD WEST

Conclude your journey in Grand Teton National Park to marvel at the stunning mountain peaks as your Travel Director reveals all the best vistas in this wildlife haven. Cap off your adventure with a lunch in the private Members Only lounge of the National Museum of Wildlife Art, home to over 5,000 artworks spanning 4,500 years of wildlife history. In the late afternoon, bid farewell to the National Parks with a transfer to Jackson Hole Airport. **(B) (L)**

TRANSFER: Arrive at the airport at 14:00.



HIGHLIGHT INCLUSIONS

Premium Experiences

Bozeman | Insight Choice Discover the charm of downtown Bozeman on a walking tour, or explore the exhibits of the Museum of the Rockies.

Yellowstone National Park | Explore the many geothermal wonders including Grand Prismatic Spring, Excelsior Geyser, Opal Pool, Norris Geyser Basin and the world-famous Old Faithful.

Discover the wild beauty of Lamar Valley alongside local expert, Adam Brubaker. Hike the Mammoth Hot Springs area. Keep your eye out for wildlife in Hayden Valley. Admire the Grand Canyon of the Yellowstone.

Grand Teton National Park | See the soaring peaks of the Tetons within the National Park and watch for local wildlife.

Yellowstone National Park | Hear the living history of Yellowstone from Charles Yarlott, Jr., a storyteller raised in the Crow language. Discover how the Crow people, known for their horsemanship and warrior traditions, preserved their culture and identity through centuries of upheaval. Your visit directly supports the United Nations Sustainable Development Goal 10 and 11: Reduced Inequalities and Sustainable Cities and Communities.

MAKE TRAVEL MATTER® EXPERIENCE



Premium Dining

Bozeman | Delight in local specialties like bison meatloaf for a true taste of the region.

Yellowstone National Park | Enjoy lunch at Bullwinkle's Saloon and Eatery, a family-owned restaurant.

Enjoy dinner at Mammoth Hotel Dining Room, the first 4-Star Green Certified Restaurant in the U.S. National Park System, recognised for its commitment to sustainable practices and locally sourced cuisine.

Jackson | Savour inventive lunch dishes from Palate in the Members Only Lounge at the National Museum of Wildlife Art.

For all inclusions see tour page online.

American Parks Trail

Experience an authentic Wild West adventure in Yellowstone National Park. Learn about Indigenous culture of the Black Hills, and float down the Snake River.

9 DAYS | 1 COUNTRY | 11 MEALS | BALANCED



4.7/5
★★★★★
feefo

Guest Review Rating



Trip code: AAP

DEPARTURE MONTHS

May - October

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/americanparks

DAY 1 | ARRIVE SALT LAKE CITY

Welcome to Salt Lake City, the capital of Utah. Situated between Wasatch Range and the Great Salt Lake, this mountainous city is perfect for lovers of the outdoors, with a strong focus on skiing and hiking. Savour dinner accompanied by wine in the company of your fellow travellers. (D)

Hotel: Marriott Downtown at City Creek, Salt Lake City

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | JACKSON AND THE TETONS

Before leaving Salt Lake City, take in the State Capitol building. Drive along the scenic Logan Canyon, over the Wasatch Mountain Range, and up to Bear Lake. Stop for lunch near Bear Lake offering views of beautiful turquoise waters. Then, head north across the Oregon Trail to historic Jackson. Have your cameras ready for the famous elk antlers at central square. Eager shoppers will find a number of charming traditional boutique galleries to browse. Enjoy the rest of the evening at leisure, with your hotel located within walking distance from Jackson Town Square. (B)

Hotel: Elk Country Inn, Jackson Hole

DAY 3 | YELLOWSTONE NATIONAL PARK

Wake up to a mountainous view like no other and witness the striking Grand Tetons thrust skyward 13,775 ft (4,199 m) from the valley floor. This morning, you have the opportunity to partake in an optional scenic float down the Snake River inside Grand Teton National Park. In keeping with today's rustic country charm, you'll enter Yellowstone, the world's first National Park. Known for its unique geothermal activity, spectacular landscapes and abundant wildlife, you'll experience Wyoming in all its glory. Keep an eye out for black bears or wolves. Tonight you'll stay in one of Yellowstone's National Park Lodges, allowing you to experience the park after hours, in its natural habitat. (B) (RS)

Hotel: Yellowstone National Park Lodges

DAY 4 | GEYSERS AND HOT SPRINGS

Yellowstone National Park is home to over half of all the world's geysers. Boasting over 500 steaming geysers, today is your chance to walk among hot springs, watch erupting geysers, see bubbling mud pots, and keep your eyes peeled for colourful geothermal paint pots on an informative sightseeing tour with your Travel Director. See Old Faithful, Hayden Valley and behold the powerful Lower Yellowstone Falls. (B)

DAY 5 | THE RANCH AT UCROSS

Head to the Wild West town of Cody, and learn about America's great Western legends at the Buffalo Bill Centre of the West. With five museums on campus, you'll be sure

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

to find one that piques your interest. Learn about Buffalo Bill and the Plains Indians, or venture into the Cody Firearms Museum and the Draper Natural History Museum. Or, for a more relaxed experience, you can stroll through the Whitney Western Art Museum. This evening, enjoy a ranch-style dinner at The Ranch at UCross offering the perfect, relaxing getaway for experiencing Wyoming's wildlife, recreation and environmental heritage. After a home-cooked dinner, enjoy a fire pit with live entertainment, including country, folk or bluegrass music. **(B) (D)**

Hotel: Ranch at UCross, Clearmont

DAY 6 | DEVILS TOWER INTO THE BLACK HILLS

Explore with Insight Choice. Choose to head out on a scenic country horseback ride accompanied by a ranch hand. Alternatively, try your hand at fishing, or simply relax and take in the beautiful scenery. Make your way to Devils Tower National Monument, an astounding geological feature that protrudes out of the surrounding Black Hills. You'll learn why this symbolic landmark is sacred to the Lakota people and other local tribes. Experience Spearfish Canyon, a favoured spot among wildlife enthusiasts, famous for its woodland beauty. **(B) (RS)**

Hotel: Spearfish Canyon Lodge, Lead

DAY 7 | CUSTER AND THE WILD, WILD WEST

This morning, travel to Oglala Lakota Living History Museum for a unique MAKE TRAVEL MATTER® Experience. Walk among recreated teepee villages whilst listening to storeys of Lakota history and culture. Afterward, visit Badlands National Park, then end your day in Custer State Park. **(B)**

Hotel: State Game Lodge, Custer State Park

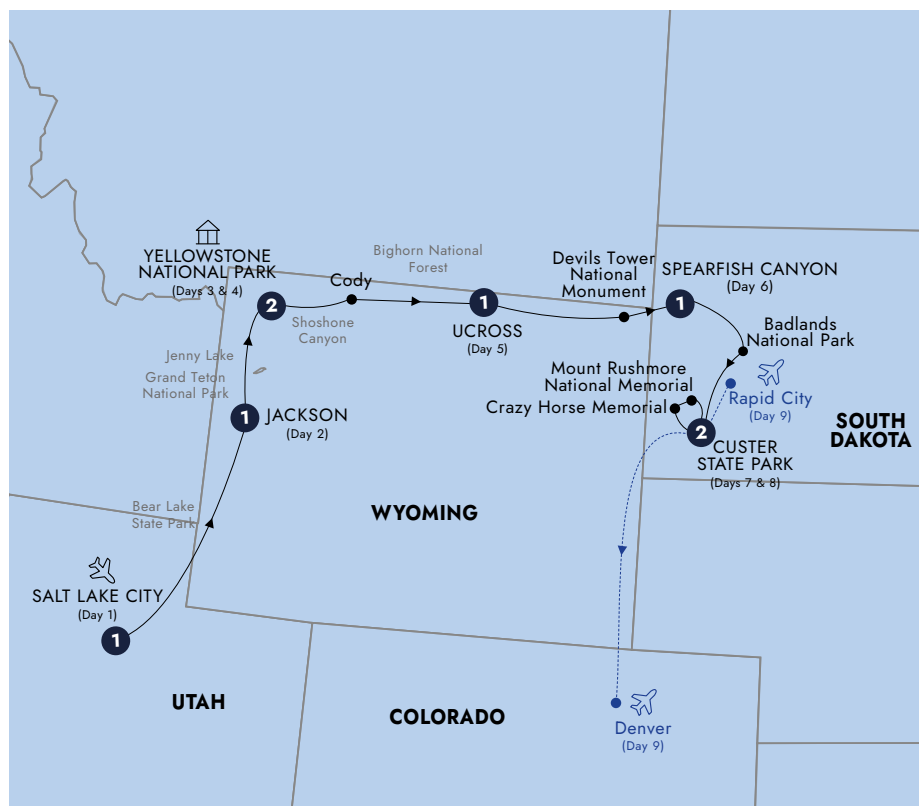
DAY 8 | BLACK HILLS MONUMENTS

This morning, see Mount Rushmore National Memorial, then travel to the Crazy Horse Memorial, the world's largest mountain carving in honour of the Lakota warrior. With exclusive access not available to the general public, you'll ascend 172 m (563 ft) to face the monument up close. Tonight, celebrate your travels over dinner with your Travel Director and newfound friends. **(B) (D) (RS)**

DAY 9 | DEPART RAPID CITY OR DENVER

It's time to say goodbye to your fellow travellers. Guests flying out of Rapid City may take our complimentary shuttle service to Rapid City Regional Airport. A transfer to Denver International Airport is available for guests flying out of Denver. **(B)**

TRANSFER: Arrive at the airport at 16:30.



KEY

- Join/Leave Options
- UNESCO Heritage Site
- Hotels and Nights
- Place Visited
- Trip Options



HIGHLIGHT INCLUSIONS

Premium Experiences

Jackson | Explore the town's boutiques and stores, which blend the Old West with a modern twist.

Grand Teton National Park | See the soaring peaks of the Tetons within the National Park and watch for local wildlife.

Yellowstone National Park | Explore the many geothermal wonders including Grand Prismatic Spring, Excelsior Geyser, Opal Pool, Norris Geyser Basin and the world-famous Old Faithful.

UCross | *Insight Choice* Take a leisurely fishing outing and enjoy the serene surroundings, or live the American frontier dream with a scenic morning country horseback ride.

Black Hills | View the awe-inspiring Devils Tower National Monument.

See the iconic Mount Rushmore National Memorial.

Visit Crazy Horse Memorial, and gain exclusive access to the face of the monument.

Badlands National Park | Take in sweeping views from scenic vantage points, including Big Badlands Overlook.

Philip | Discover the past, present, and future of the Lakota people at the Oglala Lakota Living History Village. Your experience advances United Nations Sustainable Development Goals 10 & 11: Reduced Inequalities & Sustainable Cities and Communities.

MAKE TRAVEL MATTER®
EXPERIENCE



Premium Dining

Salt Lake City | Mingle with fellow guests over a dinner with wine.

UCross | Savour a hearty ranch-style dinner prepared by your local hosts.

Custer | Toast to the finale of your trip at a dinner served at your lodge in Custer State Park.

For all inclusions see tour page online.

America's Magnificent National Parks

Embrace the natural wonders from the Grand Canyon and Zion's pink-hued cliffs to Bryce Canyon's hoodoos, the peaks of the Tetons, and the geysers of Yellowstone.

15 DAYS | 1 COUNTRY | 21 MEALS | BALANCED



4.8/5



feefo

Guest Review Rating



Trip code: AAMC

DEPARTURE MONTHS

April - October

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/americanparks

DAY 1 | ARRIVE IN PHOENIX AND TRAVEL TO SCOTTSDALE

Upon arrival in Arizona, head to Scottsdale at your leisure. This evening, savour dinner and wine with your fellow travellers. (D)

Hotel: Valley Ho, Scottsdale

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | SEDONA AND THE WONDERS OF THE MIGHTY GRAND CANYON

Travel through world-renowned Red Country along the Red Rock Scenic Byway, one of only 37 designated All-American Roads nationwide.

Meet your Local Expert, 'Canyon Tim' at the South Rim of the Grand Canyon to learn about the origins of the five-million-year-old canyon. (B)

Hotel: Grand Canyon National Park Lodge

DAY 3 | SIGHTS OF MONUMENT VALLEY

Early risers will witness one of Mother Nature's grandest shows on earth: a sunrise over the Grand Canyon. Today you will travel along the South Rim View Drive before stopping at Desert View Point, where the Puebloan-style Watchtower built by Mary Coulter stands. Join a MAKE TRAVEL MATTER® Experience in Monument Valley Tribal Park, where Navajo (Diné) Local Experts guide you through the history, culture and heritage of the Navajo Nation aboard all-terrain vehicles. Enjoy a Navajo cookout amid the landscape's giant buttes and mesas. (B) (L)

Hotel: Lake Powell Resorts and Marinas

DAY 4 | LEISURELY LAKE POWELL

Enjoy a day at leisure in Lake Powell. Choose to relax at the resort or join an Optional Experience, floating down the Colorado River past Horseshoe Bend and Petroglyph Beach, or exploring Antelope Canyon with a local Navajo (Diné) guide. This evening, a MAKE TRAVEL MATTER® Experience awaits at Red Heritage, where Navajo performers share powwow dance, flute and drum music over dinner at this Navajo-owned performing arts theatre. (B) (D) (RS)

DAY 5 | BRYCE CANYON NATIONAL PARK

Travel through Bryce Canyon Country on a portion of the Scenic Highway 89. Enjoy a visit to Bryce Canyon National Park and see the natural amphitheatre and its famous hoodoos. (B)

Hotel: The Red Cliffs Lodge Zion, Springdale

DAY 6 | ZION NATIONAL PARK

Enjoy a day of exploration in Zion National Park. Established in 1919 to protect the stunning landscapes, the park features towering sandstone cliffs, narrow slot canyons, and diverse plant and animal life. Today, Zion is one of the most visited national parks in the United States. Tour the canyon in a privately chartered open-air vehicle, with live commentary from a Local Expert. This afternoon, you can explore Zion National Park further with Insight Choice. Choose to join your Travel Director for a guided hike to the Emerald Pools, or take a self-guided walk along the Virgin River Walk. (B) (D)

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

DAY 7 | SALT LAKE CITY

This morning you make your way out of Zion National Park and travel to Salt Lake City, the capital of Utah. In the evening join your fellow travellers for a dinner with wine at the hotel. **(B) (D)**

Hotel: Marriott Downtown at City Creek, Salt Lake City

DAY 8 | JACKSON AND THE TETONS

Head north across the Oregon Trail to historic Jackson, Wyoming. Here you'll be able to explore the storied town at your own leisure. **(B)**

Hotel: Elk Country Inn, Jackson Hole

DAY 9 | YELLOWSTONE NATIONAL PARK

Today, head toward Grand Teton National Park. Next, discover breathtaking Yellowstone, known for its unique geothermal activity, spectacular landscapes and the abundant wildlife that you are sure to spot. **(B) (RS)**

Hotel: Yellowstone National Park Lodges

DAY 10 | GEYSERS AND HOT SPRINGS

Yellowstone National Park is home to over half of all the world's geysers. Today is your chance to walk among hot springs, watch erupting geysers and see bubbling mud pots. You can view colourful geothermal paint pots on an informative sightseeing tour with your Travel Director, see Old Faithful and Hayden Valley, and behold the powerful Lower Yellowstone Falls. **(B)**

DAY 11 | THE RANCH AT UCROSS

Head through Shoshone National Forest to the Wild West town of Cody, and learn about America's great Western legends at the Buffalo Bill Centre of the West. This evening, enjoy a ranch-style dinner. **(B) (D)**

Hotel: Ranch at UCross, Clearmont

DAY 12 | DEVILS TOWER INTO THE BLACK HILLS

Explore the Ranch at UCross with Insight Choice. Choose to head on a scenic country horseback ride accompanied by a Ranch Hand. Or, try your hand at fishing. Make your way to Devils Tower, an astounding geological feature in the Black Hills. Next, experience Spearfish Canyon popular with wildlife enthusiasts and famous for its elvish woodland. **(B) (RS)**

Hotel: Spearfish Canyon Lodge, Lead

DAY 13 | CUSTER AND THE WILD, WILD WEST

This morning, travel to Oglala Lakota Living History Museum for a unique MAKE TRAVEL MATTER® Experience. Walk among recreated teepee villages whilst listening to storeys of Lakota history and culture. Afterward, visit Badlands National Park, then end your day in Custer State Park. **(B)**

Hotel: State Game Lodge, Custer State Park

DAY 14 | BLACK HILLS MONUMENTS

This morning, see Mount Rushmore National Memorial, then travel to the Crazy Horse Memorial, the world's largest mountain carving in honour of the Lakota warrior. With exclusive access not available to the general public, you'll ascend 172 m (563 ft) to face the monument up close. Tonight, celebrate your travels over dinner with your Travel Director and newfound friends. **(B) (D) (RS)**

DAY 15 | DEPART RAPID CITY OR DENVER

It's time to say goodbye to your fellow travellers. You choose to take one of our complimentary shuttle services, to Rapid City Regional Airport or to Denver International Airport. **(B)**

**HIGHLIGHT INCLUSIONS***Premium Experiences*

Grand Canyon National Park | Meet Local Expert "Canyon Tim" for an Insightful Talk about the geological history behind the South Rim.

Monument Valley | Board an all-terrain vehicle for an off-the-beaten path exploration of this magical valley.

Zion National Park | Travel by private open-air tram to view the canyon's natural beauty.

UCross | Insight Choice Take a leisurely fishing outing and enjoy the serene surroundings, or live the American frontier dream with a scenic morning country horseback ride.

Custer State Park | Take in vistas of free-roaming bison and spectacular landscapes.

Black Hills | Visit Crazy Horse Memorial, and gain exclusive access to the face of the monument.

Page | Navajo (Diné) owned and operated, Red Heritage is a Native American Performing Arts Theatre showcasing awe inspiring local talent: powwow dancers, flute playing, and live drum music. Your experience helps to preserve Navajo Culture and dance, and advances United Nations Sustainable Development Goal 10: Reduced Inequalities.

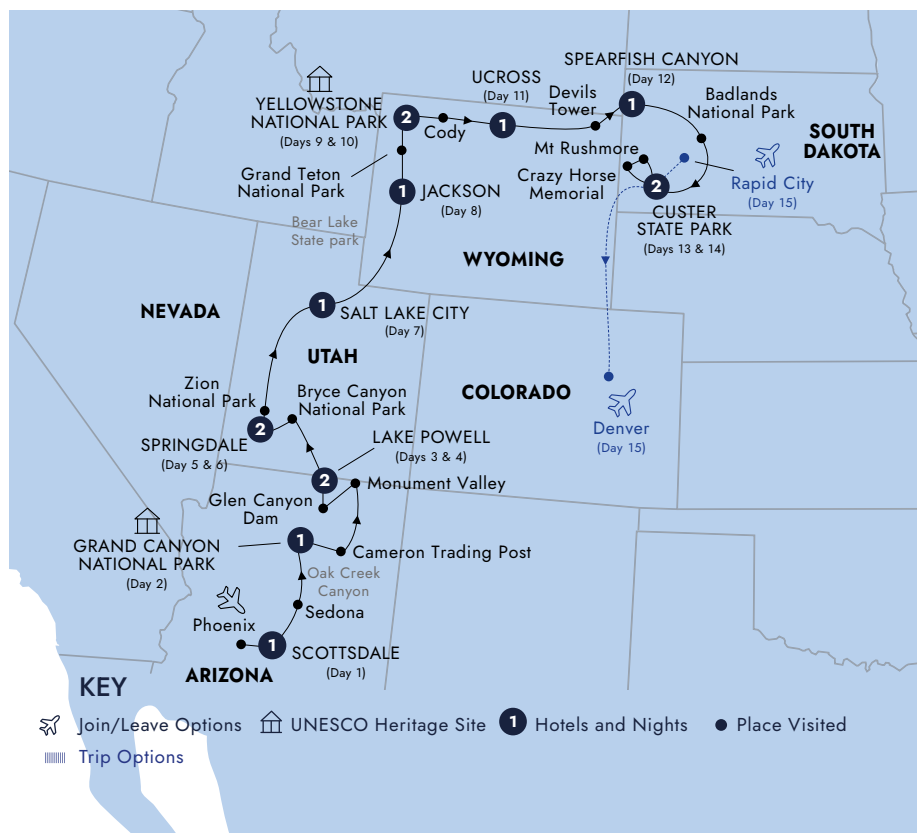
MAKE TRAVEL MATTER® EXPERIENCE

*Premium Dining*

Scottsdale | Mingle over a delightful dinner at your resort's renowned Zuzu Restaurant.

Clearmont | Start with cocktails before your All-American ranch-style dinner, then head to the fire pit for s'mores and live music.

For all inclusions see tour page online.



Enchanting Canyonlands

Marvel at the Grand Canyon and Zion National Park. See Sedona's towering red rocks and immerse yourself in Monument Valley's Navajo culture.

7 DAYS | 1 COUNTRY | 10 MEALS | BALANCED



4.7/5

★★★★★

feefo

Guest Review Rating



Trip code: AEC

DEPARTURE MONTHS

February - October

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/canyonlands

DAY 1 | ARRIVE IN PHOENIX AND TRAVEL TO SCOTTSDALE

Welcome to Arizona, famous for its scenic road trips, towering Monument Valley, and of course the awe-inspiring Grand Canyon. Arrive in Phoenix and transfer on your own to Scottsdale. Perhaps explore the city's Arts District, home to numerous galleries, museums, and public art installations. This evening, savour dinner in the company of your fellow travellers. (D)

Hotel: Valley Ho, Scottsdale

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | SEDONA AND THE WONDERS OF THE MIGHTY GRAND CANYON

Travel through world-renowned Red Country along the Red Rock Scenic Byway, one of only 37 designated All-American Roads nationwide. Explore bohemian Sedona with its shops and galleries, or simply take in the exceptional beauty of Red Rock Country before heading to the Grand Canyon. At an astonishing 445 km long, 29 km wide and 1.6 km deep, the Grand Canyon is the second-most-visited national park in the USA. Meet your Local Expert 'Canyon Tim' at the South Rim for specialised insight on the Grand Canyon. You'll discover the origins of the five-million-year-old canyon and the jaw-dropping features of this park, home to deep canyons, sweeping vistas and rich environmental history. The afternoon is at leisure to explore as you please. Perhaps take to the sky on an optional flightseeing helicopter tour over the South and North Rims. Tonight, enjoy spectacular sunset views from your hotel inside the park. (B)

Hotel: Grand Canyon National Park Lodge

DAY 3 | SIGHTS OF MONUMENT VALLEY

Early risers will witness one of Mother Nature's grandest shows on earth: a sunrise over the Grand Canyon. Travel along the South Rim View Drive, skirting the South Rim of the canyon. Stop at Desert View Point to see the historic Watchtower built by Mary Coulter in the Puebloan style. Join a MAKE TRAVEL MATTER® Experience in Monument Valley Tribal Park, where Navajo (Diné) Local Experts guide you through the history, culture and heritage of the Navajo Nation aboard all-terrain vehicles. Enjoy a Navajo cookout amid the giant buttes and mesas of this unique landscape. (B) (L)

Hotel: Lake Powell Resorts and Marinas

DAY 4 | LEISURELY LAKE POWELL

Today is entirely yours to do as you please. Partake in one of our popular Optional Experiences, explore on your own, or simply relax by the resort swimming pool with views of Lake Powell. As an optional activity this morning, let yourself be tempted by a gentle trip down the Colorado River. Calmly float past some of the most awe-inspiring sites, like the iconic Horseshoe Bend and Petroglyph Beach. Or, explore the iconic and picturesque

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

Antelope Canyon with a local Navajo (Diné) guide. Tonight, Navajo culture takes centre stage with a MAKE TRAVEL MATTER® Experience at Red Heritage. This Navajo-owned performing arts theatre will delight as you see local tribal members sing, share a colourful powwow dance, flute playing and live drum music over dinner and drinks. **(B) (D) (RS)**

DAY 5 | BRYCE CANYON COUNTRY

Journey across a wide-open landscape punctuated by colourful sandstone cliffs and high ridges dotted with piñon pine and juniper. Travel through Bryce Canyon Country on a portion of the Scenic Highway 89, recognised by National Geographic as the No. 1 Drivers' Drives in the world. You will be struck by the beauty of Bryce Canyon National Park, an otherworldly landscape of red rock pillars known as hoodoos, pink cliffs, and endless vistas. Take in the breathtaking views along the Rim Trail with photo stops at the most scenic viewpoints. Enjoy a leisurely walk from Sunset Point to Sunrise Point, where you'll be spellbound by the beauty and majesty of this dramatic natural landscape. In the evening, you'll arrive at our lodge. Take an evening stroll or relax and unwind in preparation for a full day of exploring the next day. **(B)**

Hotel: The Red Cliffs Lodge Zion, Springdale

DAY 6 | ZION NATIONAL PARK

Enjoy a day of exploration in Zion National Park. Established in 1919 to protect the stunning landscapes, the park features towering sandstone cliffs, narrow slot canyons, and diverse plant and animal life. Today, Zion is one of the most visited national parks in the United States. Tour the canyon aboard a privately chartered open-air vehicle with live commentary from a Local Expert featuring scenic highlights of the region. This afternoon, explore Zion National Park further with Insight Choice. Choose to join your Travel Director for a guided hike to the Emerald Pools, or take a self-guided leisurely stroll along the Virgin River Walk. **(B) (D)**

DAY 7 | DEPART SALT LAKE CITY

This morning you'll bid farewell to the beautiful national parks and your fellow travellers. You will be taken to Salt Lake City International Airport. Alternatively, a transfer to our post-night hotel is also provided should you wish to extend your stay. **(B)**

TRANSFER: Arrive at the airport at 15:00.



HIGHLIGHT INCLUSIONS

Premium Experiences

Grand Canyon National Park | Meet Local Expert "Canyon Tim" for an Insightful Talk about the geological history behind the South Rim.

Sedona | Immerse yourself in stunning, natural peaks and rock formations along Oak Creek Canyon Scenic Drive.

Monument Valley | Board an all-terrain vehicle for an off-the-beaten path exploration of this magical valley.

Bryce Canyon National Park | View the odd-shaped monoliths, known as hoodoos.

Zion National Park | Insight Choice Visit the Zion Nature Centre and learn about its impact supporting the local environment through educational programs, or explore the natural beauty of the national park during a hike to Emerald Pools with your Travel Director.

Zion National Park | Travel by private open-air tram to view the canyon's natural beauty.

Monument Valley | Deepen your knowledge of the land as you travel by off-road vehicles to the cookout site for dinner with members of the Navajo nation. Your experience advances United Nations Sustainable Development Goal 10: Reduced Inequalities.

Page | Navajo (Diné) owned and operated, Red Heritage is a Native American Performing Arts Theatre showcasing awe-inspiring local talent: powwow dancers, flute playing, and live drum music. Your experience helps to preserve Navajo Culture and dance, and advances United Nations Sustainable Development Goal 10: Reduced Inequalities.

MAKE TRAVEL MATTER®
EXPERIENCE



Premium Dining

Scottsdale | Mingle over a delightful dinner at your resort's renowned Zuzu Restaurant.

For all inclusions see tour page online.

Wonders of the American West

See ancient pueblo dwellings in Mesa Verde National Park, explore Bryce Canyon's hoodoo spires, and discover the Navajo Nation in Monument Valley.

10 DAYS | 1 COUNTRY | 14 MEALS | DYNAMIC



4.8/5
★★★★★
feefo

Guest Review Rating



Trip code: AWSW

DEPARTURE MONTHS

April - June + September - October

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/americanwest

DAY 1 | ARRIVE IN LAS VEGAS

Welcome to glittering Las Vegas. At Paris Las Vegas Hotel and Casino, see the City of Lights with the same passion, excitement and ambiance of Europe's most romantic city. This evening, savour dinner accompanied by wine in the company of your fellow travellers. **(D)**

Hotel: Paris, Las Vegas

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | ZION NATIONAL PARK

In Zion National Park, follow the paths where Native Americans and pioneers walked as you gaze up at massive sandstone cliffs of cream, pink and red. Take a private, narrated tram ride alongside the Virgin River and the canyon walls to some of the most treasured spots in the park. Arrive at Bryce Canyon Lodge to explore the nearby trails and vistas. **(B)**

Hotel: The Lodge at Bryce Canyon

DAY 3 | WHIMSICAL BRYCE CANYON NATIONAL PARK

Travel through Bryce Canyon National Park encountering the whimsical eroded rock formations. Opt to explore by horseback climbing Bristlecone Pine Ridge lined with 1,500-year-old Bristlecone Pine trees. This evening, go off the beaten path to view the colour-changing hoodoos as the sun sets. Feast on a three-course dinner with wine with sweeping canyon vistas. **(B) (D) (RS)**

DAY 4 | ESCALANTE NATIONAL MONUMENT AND CAPITOL REEF

Experience Grand Staircase-Escalante National Monument exploring this land of the Ancestral Puebloan and Fremont people. Venture to Capitol Reef National Park's landscape of colourful canyons, ridges, buttes and monoliths. This evening is yours to explore downtown Moab at your leisure. Dine at one of the many local restaurants or peruse the many gift shops and boutiques that line Main Street. **(B)**

Hotel: Element, Moab

DAY 5 | ARCHES NATIONAL PARK AND CANYONLANDS NATIONAL PARK

Visit Arches National Park, housing the greatest concentration of natural arches in the world. Experience the awe-inspiring 52-foot freestanding Delicate Arch from a picturesque viewpoint and immerse yourself in the grandeur of the remarkable Windows Section and the captivating Double Arch up close. Then it's onto Canyonlands National Park for a drive onto the Island in the Sky, a mesa resting 1,000 feet above the countryside. Your sightseeing tour includes various lookout points including the Grand Viewpoint with sweeping views of the Colorado River carving through the red-rock landscape. Tonight, take your pick from a selection of local restaurants to customise your Dine-Around evening. **(B) (D)**

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

DAY 6 | MESA VERDE NATIONAL PARK

Visit Mesa Verde National Park, designated as a UNESCO World Heritage Site since 1978, and learn how the park protects some of the best-preserved Ancestral Puebloan archaeological sites in the United States. Among 600 historic cliff dwellings, view the ancient pueblo dwellings known as Cliff Palace, the largest cliff dwelling in the country. This evening, settle in for a relaxing stay at the only lodging inside Mesa Verde National Park. **(B)**

Hotel: Far View Lodge, Mesa Verde National Park

DAY 7 | MONUMENT VALLEY

Continue your adventure as you journey to the iconic film location featured as the backdrop for Forrest Gump's final run. Deepen your understanding of the region with your MAKE TRAVEL MATTER® Experience in Monument Valley Tribal Park, where Navajo (Diné) Local Experts guide you through the history, culture and heritage of the Navajo Nation over an Authentic Cookout Dinner. This carefully prepared experience keenly exemplifies the relationship of respect with the land in the valley and the importance placed on preserving the natural treasures found here. Savour each moment of this Navajo cookout amid the giant buttes and mesas of this unique landscape. **(B) (D)**

Hotel: Goulding's Lodge, Monument Valley

DAY 8 | MONUMENT VALLEY TO MYSTERY VALLEY

Embark on an exclusive journey into Mystery Valley, an area full of Anasazi ruins and rock art not seen from the main highway. Enjoy a guided tour with a local Navajo (Diné) guide among ancient Indigenous ruins and see graceful geological formations, scattered artefacts and breathtaking views of the neighbouring valley.

In Monument Valley Navajo Tribal Park, board an off-road vehicle to explore with your guide. This area is also the backdrop for many Western Hollywood hits, including "Stagecoach" and "Fort Apache". Inspired by these iconic movies, you'll find "John Wayne's cabin" at nearby Goulding's Lodge. This small structure was used for exterior shots in "She Wore a Yellow Ribbon," starring Wayne himself. **(B)**

DAY 9 | THE WONDERS OF THE GRAND CANYON

Visit the historic Cameron Trading Post before taking in the Grand Canyon from Desert View Watchtower built by Mary Colter in the Puebloan style. Track the Colorado River that leads you to the aptly named Painted Desert which extends towards Hopi & Navajo Nation lands. At Grand Canyon National Park, continue your exploration with Insight Choice. Enjoy a leisurely hike along the scenic Rim Trail with your Travel Director, or join Local Expert 'Canyon Tim' for an enlightening discussion covering millions of years of history. End your holiday in the grandest way possible with dinner inside park. **(B) (D)**

Hotel: Grand Canyon National Park Lodge

DAY 10 | RETURN TO LAS VEGAS

Wake up to the backdrop of the Grand Canyon and enjoy peace and tranquility before the day trippers arrive. You may take an optional flight-seeing helicopter ride for stunning views over the Grand Canyon before your journey ends with a departure transfer to Las Vegas International Airport. For those extending their stay in Las Vegas, a complimentary hotel transfer to the Las Vegas post-night hotel is included. **(B)**

TRANSFER: Arrive at the airport at 17:00.

**HIGHLIGHT INCLUSIONS***Premium Experiences*

Zion National Park | Travel by private open-air tram to view the canyon's natural beauty.

Canyonlands National Park | Enjoy spectacular views over the rugged, river-carved wilderness.

Arches National Park | View the park's famous natural formations, including the iconic Delicate Arch.

Mesa Verde National Park | See the ancient pueblo cliff dwellings.

Monument Valley | Embark on an exclusive journey with a local Diné (Navajo) guide into Mystery Valley's relatively unknown haven of Anasazi ruins.

Grand Canyon National Park | *Insight Choice* Meet Geology Expert, "Canyon Tim", or hike along the rim for spectacular views.

Monument Valley | Deepen your knowledge of the land as you travel by off-road vehicles to the cookout site for dinner with members of the Navajo nation. Your experience advances United Nations Sustainable Development Goal 10: Reduced Inequalities.

MAKE TRAVEL MATTER®
EXPERIENCE

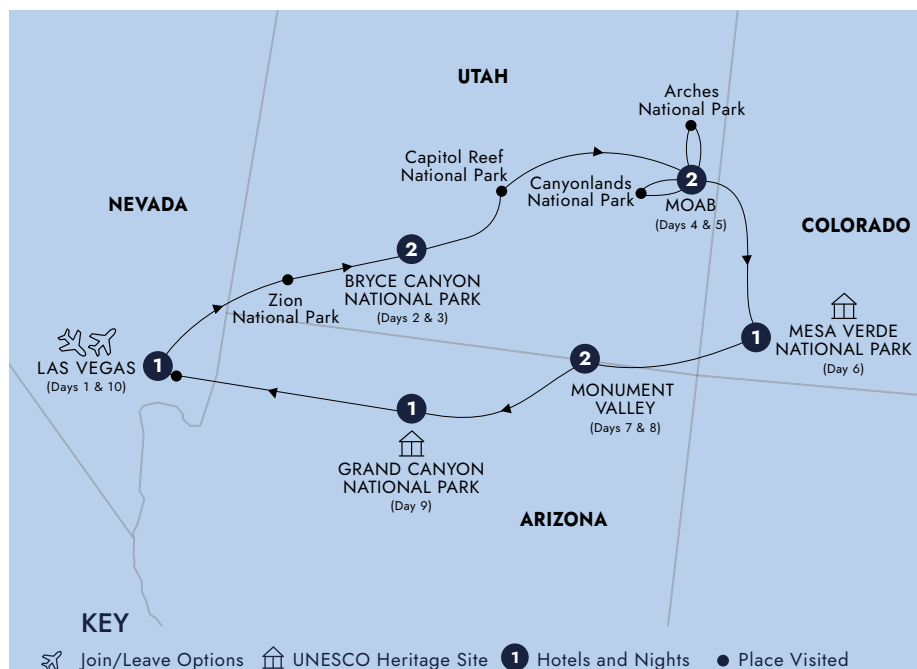
*Premium Dining*

Bryce Canyon National Park | Enjoy a memorable dinner set against the park's beautiful surroundings.

Moab | Choose from a hand-picked selection of mouthwatering restaurant options during your Dine-Around evening.

Grand Canyon National Park | Enjoy dinner at the Thunderbird Room with an incredible view overlooking the South Rim.

For all inclusions see tour page online.



Jewels of Alaska

Experience Alaska through Indigenous traditions, a scenic rail journey and glacial views. You'll meet a four-time Iditarod champion and cruise Prince William Sound amid dramatic landscapes.

7 DAYS | 1 COUNTRY | 11 MEALS | BALANCED



4.6/5
★★★★★
feefo

Guest Review Rating



Trip code: AJAK

DEPARTURE MONTHS

May - September

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/jewelsalaska

DAY 1 | ANCHORAGE, THE CITY OF LIGHTS AND FLOWERS

Welcome to Alaska, an adventurous land of wildlife, mountains, national parks and glaciers. Savour a dinner at a local restaurant accompanied by wine in the company of your fellow travellers. (D)

Hotel: Marriott Anchorage Downtown

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | ANCHORAGE SIGHTSEEING AND THE MATANUSKA VALLEY

Get acquainted with Anchorage on an immersive city tour. Join a MAKE TRAVEL MATTER® Experience at the Alaska Native Heritage Centre and discover how the culinary traditions passed on by generations of Alaska's first people became a key component in the survival of the culture. Witness firsthand a private demonstration of Agutak ice cream making and learn how this culinary link to the past helps breathe new life into the indigenous culture of today. This afternoon, travel through the fertile Matanuska Valley and stop at a local farm to see how the long summer days and glacial silt create the perfect environment for growing vegetables and flowers. Head to the quaint community of Talkeetna. The evening is yours at leisure. Your Travel Director is on hand with dining recommendations to suit your tastes. (B)

Hotel: Talkeetna Alaskan Lodge

DAY 3 | TALLEETNA SIGHTSEEING

This morning, you can choose between an immersive jet boat tour up the Chulitna River with a visit to a trapper's cabin, or enjoy a scenic float on the Talkeetna River. The rest of the day is yours to explore, perhaps discovering more of Talkeetna or joining an Optional Experience such as a flightseeing tour of the Alaska Range or a hike along Talkeetna's best trail with a naturalist guide. (B)

DAY 4 | JOURNEY ALONG THE ALASKAN RAILROAD

Enjoy a Relaxed Start this morning before boarding the world-famous Alaska Railroad train for a spectacular journey over swift-rushing streams, toward Denali National Park and Preserve. View the majestic surroundings from the comfort of your glass-domed rail car. Upon arrival settle in at the lodge before meeting a local climber who will share storeys about what it's like to climb Denali, one of the most daunting and tallest land-based mountains in the world. You'll learn about the incredible physical and mental fortitude required to withstand the 17 to 18-day round trip that presents conditions so challenging climbers are forced to build snow walls for protection against the elements. For tonight's Dine-Around evening, the choice is yours between a charming local brewery or the lodge's rustic restaurant. (B) (D) (RS)

Hotel: Grande Denali Lodge, Denali National Park

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.



The State of Alaska has an incredible 3,197 named lakes and an estimated 3 million unnamed ones. Coupled with its rivers, the state accounts for nearly half of the surface water in the United States.

**MARITZA, SENIOR MANAGER
TRAVEL EXPERIENCES**

DAY 5 | DENALI NATIONAL PARK, THE CROWN JEWEL OF THE ALASKAN WILDERNESS

Embark on an extensive Tundra Wilderness Tour for some of the best opportunities to view the park's wildlife. Travel to Murie Cabin, nestled near the East Fork River, where you'll walk in the footsteps of pioneering naturalist Adolf Murie. You'll have the whole afternoon at leisure to participate in an array of optional activities. Perhaps opt to join a blissful stroll through one of the meadows with a naturalist guide, a 10-mile ride in the scenic Alaskan wilderness aboard an ATV, or a helicopter flightseeing tour - just don't forget your camera! End the day back at your lodge where you'll enjoy panoramic views of your surroundings under the star-filled night. **(B)**

DAY 6 | GIRDWOOD AND MOUNT ALYESKA

Enjoy a scenic journey along the George Parks Highway. Stop in Big Lake and visit four-time

Iditarod winner Martin at his own home, Happy Trails Kennels. Arriving at the kennel, you will be greeted by between thirty and sixty excited sled dogs. Spend time with Martin and learn about the many challenges faced on the 1,049-mile dogsled race. Take a virtual trip along the Iditarod trail alongside Martin's narration including countless storeys from his thirty-five years of racing, as well as a great deal of Iditarod history - an insider experience into the world of the Iditarod. Journey on the Seward Highway along Turnagain Arm with its dramatic views, before arriving in the town of Girdwood, home of the Alyeska Resort. Tonight, join your Travel Director for a wonderful dinner complete with wine and good cheer. **(B) (L) (D)**

Hotel: Alyeska Resort, Girdwood

DAY 7 | PRINCE WILLIAM SOUND CRUISE AND DEPART ANCHORAGE

As your time in Alaska draws to a close, enjoy the surroundings and amenities at the beautiful Alyeska Resort. Travel to Whittier to board the 26 Glacier Cruise for a 100-mile (160-kilometre) boat tour of Prince William Sound and into the College Fjord with the chance to see the glaciers up close. Visit with the Captain in the wheelhouse to learn how he expertly navigates the icy waterways and sit down to a sumptuous lunch against an incredible backdrop. Those saying farewell today will travel back to Anchorage. **(B) (L) (RS)**

TRANSFER: Arrive at the airport at 20:30.



HIGHLIGHT INCLUSIONS

Premium Experiences

Matanuska Valley | Visit a local farm to learn how Alaska's long summer days and glacial silt help grow giant award-winning produce.

Talkeetna | *Insight Choice* Enjoy amazing views of Denali during a scenic float trip on the Talkeetna River, or Cruise on a jet boat tour up the Chulitna River and visit a trapper's cabin.

Denali National Park | Hear a local climber's fascinating account of ascending North America's highest peak. Experience the best of the park on a wilderness tour with a visit to historic Murie Cabin.

Alaska Railroad | Embark on a spectacular journey through majestic landscapes from the comfort of your glass-dome railcar.

Big Lake | Meet four-time Iditarod winner, Martin Buser. Learn about the challenges of competing in the 1,049-mile (1,688 kilometre) race and enjoy lunch at his home.

Whittier | Cruise Prince William Sound and into the College Fjord to discover glacier-carved fjords.

Anchorage | Enjoy an exclusive Agutak (Inuit ice cream) making demonstration during a visit to the renowned Alaska Native Heritage Centre. Your experience advances United Nations Sustainable Development Goal 11: Sustainable Cities and Communities.

**MAKE TRAVEL MATTER®
EXPERIENCE**



Premium Dining

Anchorage | Join your Travel Director and fellow travellers to savour classic Alaskan flavours over dinner.

Denali National Park | Choose between a charming local brewery or your lodge's rustic restaurant during a Dine-Around evening.

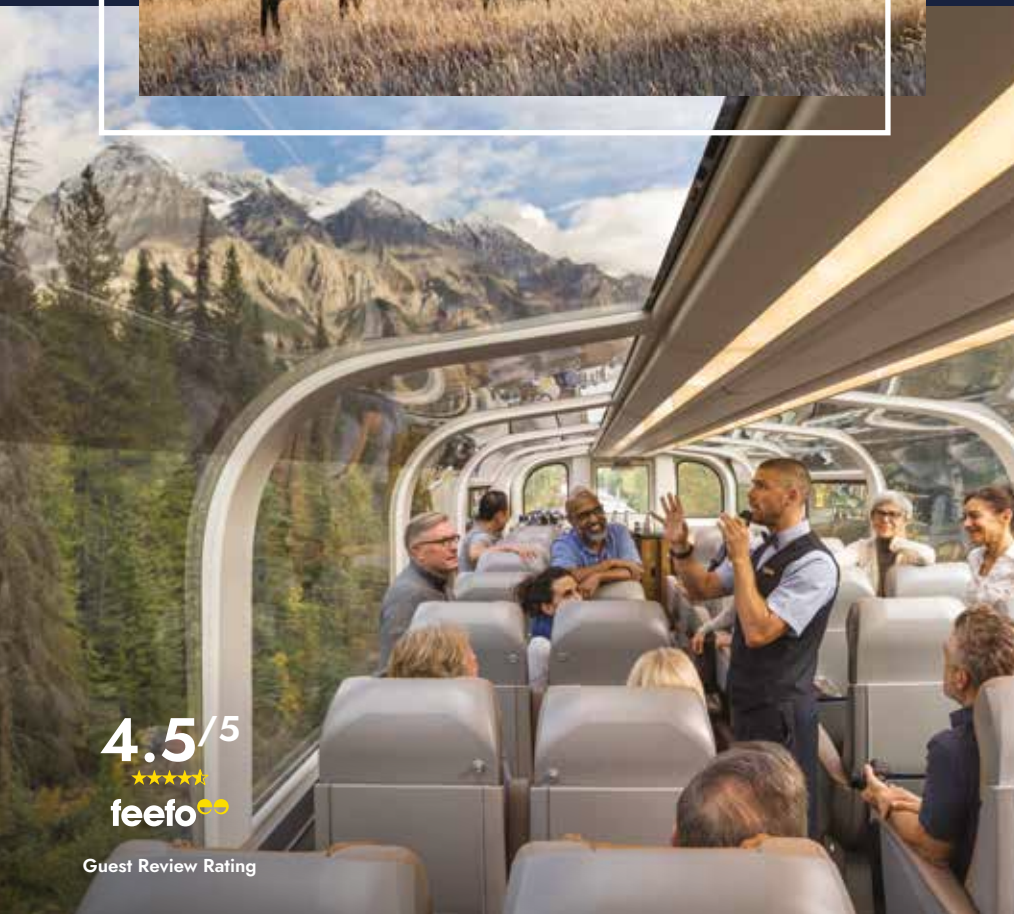
Girdwood | Savour local specialties with your fellow travellers during dinner complete with wine and good cheer.

For all inclusions see tour page online.

Spectacular Rockies and Glaciers of Alberta with Rocky Mountaineer Option

Take a tour of the Rocky Mountains and witness Alberta's breathtaking wilderness. Discover Banff National Park, the Columbia Icefield, and Jasper National Park.

8 DAYS | 1 COUNTRY | 11 MEALS | DYNAMIC



4.5/5
★★★★★
feefo

Guest Review Rating



Trip code: AGVL

DEPARTURE MONTHS

May - September

For dates, prices and to choose your group size call your Travel Agent or see [insightvacations.com/alberta](https://www.insightvacations.com/alberta)

DAY 1 | WELCOME TO KANANASKIS

Arrive in Calgary and transfer to Kananaskis, where you'll check in at the Kananaskis Mountain Lodge. In the evening, gather with your fellow travellers for a delightful dinner, followed by time to relax and enjoy the serene surroundings of Kananaskis Provincial Park. **(D)**
Hotel: Pomeroy Kananaskis Mountain Lodge, Autograph Collection

DAY 2 | JOURNEY TO JASPER

Your day begins with a drive from Kananaskis toward Jasper. Upon arrival, explore the rugged beauty of Jasper National Park or unwind in its peaceful surroundings. The evening is yours to enjoy at leisure. **(B)**

Hotel: Forest Park, Jasper National Park

DAY 3 | EXPLORING JASPER

Begin your day with a guided walk through Maligne Canyon, exploring its limestone gorges and waterfalls. Then, take a scenic cruise on Maligne Lake, soaking in views of Spirit Island. In the afternoon, join an optional float trip along the serene Athabasca River. Spend the evening at leisure, relaxing or exploring Jasper's charming town centre. **(B)**

DAY 4 | GLACIER ADVENTURE

Today, you'll visit Athabasca Falls, a breathtaking natural wonder renowned for its powerful and mesmerising beauty, before departing Jasper on the Columbia Icefields Parkway. A warm welcome greets you at the country's first and only glacier-view resort over a champagne reception and nibbles. Before dinner, take advantage of the long daylight hours and set out for an after-hours visit to the Columbia Icefield Skywalk, a glass-floored walkway above the Sunwapta Valley featuring waterfalls and wildlife. After your Skywalk visit, indulge in a delicious, Canadian inspired, locally sourced dinner, sip cocktails and marvel at the spectacular glacier views that wrap the restaurant. **(B) (D) (RS)**

Hotel: Glacier View Lodge, Jasper National Park

DAY 5 | LAKES, MOUNTAINS AND GLACIERS

Begin your day with an exclusive experience before the crowds arrive, with the Columbia Icefield Glacier Adventure. Step onto the vast ice mass to enjoy early access to this breathtaking natural wonder, setting the stage for a truly memorable day. Enjoy the drive along the Icefields Parkway, renowned as one of the most beautiful journeys in the world, through the soaring mountains, icefields and sweeping valleys. Then explore Yoho National Park, known for its stunning waterfalls and dramatic landscapes. Arrive at the Fairmont Banff Springs for a relaxing evening, with time

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

to unwind or explore Banff National Park at your leisure. **(B) (RS)**

Hotel: Fairmont Banff Springs, Banff National Park

DAY 6 | A TRIP TO LAKE LOUISE

This morning, opt for a scenic start to your day by taking the Banff Gondola ride. Make your way to Moraine Lake (seasonal) – the largest glacially fed lake in Canada – for a photo stop before a decadent lunch at Chateau Lake Louise. Marvel as you're surrounded by soaring peaks and the majesty of the Victoria Glacier. Capture a photo or two of the turquoise Lake Louise and rugged backdrop of one of the most famous mountain vistas in the world. Next, enjoy a scenic drive through Banff National Park, visiting the hoodoos and Surprise Corner before returning to the hotel for a relaxing evening. **(B) (L)**

DAY 7 | EXPLORING BANFF

Connect with nature as you join a memorable MAKE TRAVEL MATTER® Experience with a First Nations Cree Iroquois Local Expert. Discover First Nations culture, such as how plants and animals like bears hold great significance. This authentic dive into the First Nations Cree community is not only enlightening but also helps assure the sustainability of the community and culture. Embark on a guided walk in the boreal forest and learn the Indigenous world

of plant medicines as well as the historical and modern-day uses of plants and listen to fascinating storeys about the First Nations. This afternoon, visit The Whyte Museum and enjoy artwork inspired by the local Rockies. Or, learn about the history of the Fairmont Banff Springs from a knowledgeable ambassador. Hear storeys of events that took place around and at this hotel and receive a self-guided map of highlight locations for you to discover. End the day with an optional helicopter tour and a dinner in Banff. **(B) (D) (RS)**

DAY 8 | FAREWELL CANADA

After breakfast, you are transferred to Calgary Airport where your journey comes to an end. **(B)**

TRANSFER: Arrive at the airport at 12:00.

Rocky Mountaineer Return Option

Relax onboard the Rocky Mountaineer for two days of all-daylight rail travel through Canada's West and the Canadian Rockies.



HIGHLIGHT INCLUSIONS

Premium Experiences

Maligne Canyon | Walk on the trails of the deepest canyon in Jasper National Park.

Maligne Lake | Relax on board a narrated cruise across the serene lake.

Icefields Parkway | Enjoy an after-hours visit to the amazing Glacier Skywalk. Step onto the cliff-edged, glass-floored walkway rising 280m (918 ft) above the valley. See glaciers and soaring mountain peaks on one of the most scenic drives in North America.

Join a before-hours visit onto the Athabasca Glacier.

Athabasca Glacier | Get up close to Athabasca Falls, where powerful water creates breathtaking views of the Canadian Rockies.

Banff | *Insight Choice* Discover history and culture at the Whyte Museum of the Canadian Rockies, or learn about the history, highlights and storeys that took place around the Fairmont Banff Springs hotel.

Banff | Join a First Nations Cree Iroquois Local Expert on a boreal forest walk, learning about ancestral survival, plant medicines, and First Nations culture. Your experience advances United Nations Sustainable Development Goals 5 & 11: Gender Equality & Sustainable Cities and Communities.

MAKE TRAVEL MATTER® EXPERIENCE



Premium Dining

Icefields Parkway | Dine at the Glacier View Lodge, where a seasonal menu tempts your tastebuds.

Banff | Celebrate your travels with your newfound friends at the historic and regal Fairmont Banff Springs Hotel.

For all inclusions see tour page online.



Canadian Rockies and Pacific Coast

See Stanley Park and traverse Capilano Suspension Bridge. Crunch across Icefields and terrains of the Rockies and sip the wines of Washington State.

14 DAYS | 1 COUNTRY | 20 MEALS | DYNAMIC



4.6^{1/5}

★★★★★

feefo

Guest Review Rating



Trip code: APNC Z/V

DEPARTURE MONTHS

May - September

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/rockies

DAY 1 | WELCOME TO VANCOUVER

On arrival, make your way to your hotel. Enjoy dinner accompanied by wine. (D)

Hotel: Georgian Court, Vancouver

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | CRUISE THE GULF ISLANDS TO VICTORIA

Embark on a tour of Vancouver, exploring Gastown and the famous totem poles in Stanley Park followed by a visit to Capilano Suspension Bridge Park. This afternoon, board a ferry and sail through the beautiful Gulf Islands to Vancouver Island, an idyllic place known for its fishing and art communities. (B)

Hotel: Grand Pacific, Victoria

DAY 3 | BUTCHART GARDENS

Start your day wandering through world renowned Butchart Gardens, a National Historic Site of Canada. Enjoy a sightseeing tour, including Canada's oldest Chinatown, the bustling Inner Harbour and stately Legislative Buildings. The rest of the afternoon is yours to enjoy at leisure - perhaps book an optional whale watching excursion on the Pacific Ocean. (B)

DAY 4 | VICTORIA TO SUN PEAKS, BRITISH COLUMBIA

Ferry across the Strait of Georgia and continue your scenic journey through British Columbia. Travel along Coquihalla highway, climb to the summit of Coquihalla Pass and cross Thompson Plateau. Continue to Sun Peaks where you'll end a day of scenic travel with dinner. (B) (D)

Hotel: Sun Peaks Grand & Conference Centre

DAY 5 | THE ALPINE WONDERLAND OF JASPER NATIONAL PARK

Today, your journey takes you along the legendary Yellowhead Highway towards Jasper National Park, a UNESCO World Heritage Site. En route, stop at the Mount Robson Visitor Centre in Mount Robson Provincial Park. Arrive in the wonderland of Jasper National Park with its rugged glaciers, colourful meadows and majestic mountains. After a brief orientation tour through town, explore on your own or book onto an optional Float Trip. (B)

Hotel: Forest Park, Jasper National Park

DAY 6 | EXPLORING JASPER AND THE COLUMBIA ICEFIELD

Enjoy an informative walk on the trails of Maligne Canyon before embarking on a narrated cruise across the serene waters of Maligne Lake (seasonal). Travel along the majestic Icefields Parkway and arrive at the Columbia Icefield for your stay at the Glacier View Lodge, the first and only glacier-view resort in Canada, for an after-hours visit to the Glacier Skywalk followed by a gourmet dinner with wine. (B) (D)

Hotel: Glacier View Lodge, Jasper National Park

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

DAY 7 | ICEFIELDS, GLACIERS AND LAKES TO BANFF NATIONAL PARK

Your Local Expert escorts you to a special before-hours glacier tour where you'll explore Athabasca Glacier in an Ice Explorer. After this morning's icy adventure, continue south to Lake Louise and admire Victoria Glacier. Continue to Banff to dine in town and unwind in your stunning natural surroundings. **(B) (D) (RS)**

Hotel: Fairmont Banff Springs, Banff National Park

DAY 8 | THE UNSPOILT WILDERNESS OF BANFF NATIONAL PARK

Today join your Travel Director at Bow Falls, Surprise Corner and a few other local sights. The rest of the day is yours to spend exploring the rugged charms of the park. Choose from several Optional Experiences, including a helicopter flight over the magnificent Canadian Rockies or a ride onboard the Banff Gondola scenic cableway. **(B) (RS)**

DAY 9 | GLACIER NATIONAL PARK

From craggy plains to mountainous landscapes, cross the U.S. border into Montana and onto your charming hotel situated in the heart of Glacier National Park. Revel in your first encounter with the park, a region encompassing over 1 million acres and more than 1,000 different species of plants and hundreds of species of animals. This vast pristine ecosystem is the centrepiece of what has been referred to as the "Crown of the Continent." **(B)**

Hotel: Many Glacier, Glacier National Park

DAY 10 | GOING-TO-THE-SUN AND GLACIER NATIONAL PARK

Board a private Red Jammer bus to cruise the Going-To-The-Sun Road witnessing stunning views from Logan Pass (seasonal) and the

marvels of the park's wild interior. Over an insightful Legends of Glacier MAKE TRAVEL MATTER® Experience, join performing and recording artist Jack Gladstone who will illuminate the history of Glacier National Park through story and song. **(B)**

Hotel: Lake McDonald Lodge, Glacier National Park

DAY 11 | LAKE COEUR D'ALENE AND SPOKANE

Continue on to the beautiful shores of Lake Coeur d'Alene, and arrive in Spokane to stay at The Historic Davenport, Washington State's grandest hotel. **(B) (D)**

Hotel: The Historic Davenport, Autograph Collection, Spokane

DAY 12 | WONDERFUL WINES EN ROUTE TO SEATTLE

Wine connoisseurs rejoice. Today, you'll head through the wide, endless horizons of the wine-producing area of Washington State. Visit Friends Garden Restaurant & Wine Bar, a local favourite, where you'll enjoy lunch focusing on fresh, local and artisanal ingredients. **(B) (L)**

Hotel: The Charter, Seattle

DAY 13 | THE SOARING SIGHTS OF SEATTLE

Enjoy Insight Choice in Seattle. Choose to visit the iconic Space Needle. Alternatively, visit the Chihuly Garden and Glass exhibit. In the evening, indulge in dinner at Ivar's Salmon House on Seattle's waterfront. **(B) (D) (RS)**

DAY 14 | DEPART SEATTLE

Travel to Seattle SeaTac International Airport at your leisure. **(B)**



HIGHLIGHT INCLUSIONS

Premium Experiences

North Vancouver | Visit Capilano Suspension Bridge Park.

Victoria | Admire floral displays at world-renowned Butchart Gardens.

Icefields Parkway | Venture onto the Glacier Skywalk for an after-hours experience on the cliff-edged, glass-floored walkway.

See glaciers and soaring mountain peaks on one of the most scenic drives in North America.

Maligne Lake | Relax on board a narrated cruise across the serene lake.

Glacier National Park | Board a private, historic Red Jammer for a journey along the Going-to-the-Sun Road.

Seattle | *Insight Choice* Head to the Space Needle and experience its jaw-dropping panoramic views of the Seattle skyline, or get an up close look at world-renowned glass artist Dave Chihuly's work.

Lake McDonald | Meet Jack Gladstone, a Blackfoot Nation artist, and learn the history of Glacier National Park, its wildlife, Indigenous peoples, and key events through story and song. Your experience advances United Nations Sustainable Development 10: Reduced Inequalities.

MAKE TRAVEL MATTER®
EXPERIENCE



Premium Dining

Icefields Parkway | Dine at the Glacier View Lodge, where a seasonal menu tempts your tastebuds.

Quincy | Enjoy delicious harvest salads and artisanal flatbreads made with locally sourced ingredients paired with wine.

Seattle | Enjoy dinner at the waterfront Ivar's Salmon House.

For all inclusions see tour page online.

Landscapes of the Canadian Maritimes

Blend the best of land and sea: watch for bald eagles on the Cabot Trail and see the Prince Edward Island dunes whilst trying the freshest seafood.

12 DAYS | 1 COUNTRY | 17 MEALS | BALANCED



4.6^{1/5}
★★★★★
feefo

Guest Review Rating



Trip code: ACME

DEPARTURE MONTHS

June - October

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/maritimes

DAY 1 | WELCOME TO HALIFAX

Arrive in Halifax, your quintessential maritime destination. Relax next to the waterfront before savouring dinner accompanied by wine in the company of your fellow travellers. (D)

Hotel: Marriott Harbourfront Hotel, Halifax

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | SIGHTSEEING AND RELAXATION IN HALIFAX

Join a Local Expert for an informative city exploration, then delve into the region's nautical history at the Maritime Museum of the Atlantic. Enhance your day with three Insight Choice experiences: choose to visit the Halifax Citadel National Historic Site, learn about the collection at the Maud Lewis Gallery, or tour the Canadian Museum of Immigration at Pier 21. (B) (RS)

DAY 3 | HISTORIC LUNenburg AND PEGGY'S COVE

Journey to the UNESCO World Heritage Site of Lunenburg and meet a Local Expert for a walking tour. Hear tales of the fishing industry's impact on the region before visiting scenic Peggy's Cove. (B)

DAY 4 | CAPE BRETON ISLAND AND BLOOMING BADDECK

At Millbrook Cultural & Heritage Centre, join a MAKE TRAVEL MATTER® Experience as interpreters share insights of history and culture. Further your discovery on a guided cruise across Bras d'Or Lake spotting iconic lighthouses, a bird estuary and historic properties. Experience warm hospitality and Cape Breton-style home cooking at your waterfront hotel. Continue your night with traditional music and song at a Ceilidh, a Celtic Evening full of Acadian hospitality and entertainment. (B) (D)

Hotel: Inverary Resort, Baddeck

DAY 5 | THE NATURAL BEAUTY OF THE CABOT TRAIL

Immerse yourself in a unique experience at The Gaelic College, devoted to the study and preservation of the Gaelic and Celtic cultures. Enjoy a relaxing drive along the Cabot Trail, one of the world's most scenic routes. Travel past Cape Breton Highlands National Park. (B) (L)

DAY 6 | BADDECK AND CHARLOTTETOWN

Go behind the scenes with a Local Expert at the Alexander Graham Bell National Historic Site. Ferry across the Northumberland Strait to Prince Edward Island and quaint Charlottetown, where you'll spend the next three nights in this nautical gem, dotted with colourful fisherman's cottages and a picturesque harbour. Your hotel, The Delta Prince Edward, is Charlottetown's only waterfront hotel and just steps away from shops and restaurants. (B)

Hotel: Delta by Marriott Prince Edward, Charlottetown

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

DAY 7 | PRINCE EDWARD ISLAND SIGHTSEEING

No trip to Prince Edward Island is complete without a visit to Green Gables Heritage Place including the Green Gables House, the fabled home that provided inspiration for L.M. Montgomery's children's classic, 'Anne of Green Gables'. With your Local Expert, discover the cliffs, dunes and countryside of Prince Edward Island National Park before heading on to Cavendish. **(B) (RS)**

DAY 8 | FLAVOURS OF CHARLOTTETOWN

Head for the quaint seaside fishing village of Georgetown in eastern Prince Edward Island. Enjoy a delicious lunch of island blue mussels cooked fresh by local fishermen. Meet one of the local fishermen who will regale you with tales of life at sea and teach you all about the area's lobster and mussel industry. Enjoy a wine tasting and tour a lighthouse to end your day. **(B) (L) (RS)**

DAY 9 | THE TIDES OF HOPEWELL ROCKS

A highlight awaits this morning as you cross the engineering feat of the Confederation Bridge. Get up close and personal with the marine life of Northumberland Strait at the Homarus Centre. At Hopewell Rocks, a Local Expert introduces you to the Bay of Fundy. Conclude the day over a traditional Acadian lobster boil and cocktail class. **(B) (D)**

Hotel: Crowne Plaza Downtown, Moncton

DAY 10 | LIVELY MONCTON TO DIGBY

Embark on a coastal drive on the Fundy Trail Parkway, nestling you between the greens of the forest and the blues of the coast with stunning views. Take to the water crossing the Bay of Fundy from St. John to Digby by ferry (seasonal), keeping an eye out for whales and other marine life. Arrive at your hotel overlooking the Bay of Fundy. **(B)**

Hotel: Digby Pines Golf Resort and Spa

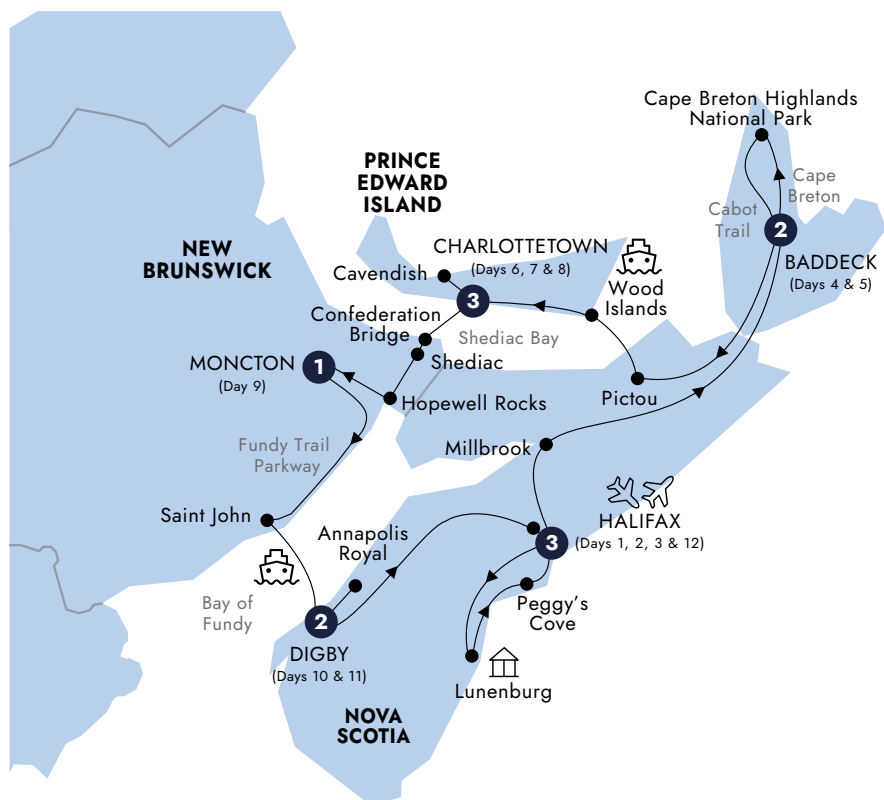
DAY 11 | DELIGHTFUL DIGBY AND ANNAPOLIS ROYAL

In the historic town of Annapolis Royal, join a Local Expert and costumed interpreter for a stroll in the National Historic District. In the evening, meet a former scallop fisher for a culinary demonstration to learn about the region's maritime heritage. Gain insight into how fresh scallops are shucked before they are cooked to perfection for your seafood dinner. **(B) (D) (RS)**

DAY 12 | FAREWELL HALIFAX

It's time to wave goodbye to Halifax and your fellow travellers. A complimentary airport transfer will be made at Halifax International Airport followed by a stop at the Marriott Harbourfront Halifax for guests wishing to extend their stay. **(B)**

TRANSFER: Arrive at the airport at 12:00.



KEY

- Join/Leave Options
 UNESCO Heritage Site
 1 Hotels and Nights
 Place Visited
 Cruise



HIGHLIGHT INCLUSIONS

Premium Experiences

Halifax | Insight Choice Get up close and personal with the Canadian Immigration storey, or visit the home and gallery of Maud Kathleen Lewis, or visit Halifax's historic citadel.

Baddeck | Immerse yourself in the Celtic Heart of North America with an authentic Ceilidh night of Acadian music, hospitality and entertainment.

Take in unparalleled views aboard the Winstar Catamaran.

Cape Breton Island | Experience the spectacular sites along the Cabot Trail.

Prince Edward Island | Discover the island's highlights including a visit to Green Gables Heritage Place.

Hopewell Cape | Learn about the highest tides in the world from your Local Expert.

Millbrook Cultural & Heritage Centre | Visit the Millbrook Cultural & Heritage Centre to learn about the Mi'kmaq people's history, culture, language, and traditional artefacts through a guided tour and multimedia presentation. Your experience advances United Nations Sustainable Development Goals 10 & 11: Reduced Inequalities & Sustainable Cities and Communities.

MAKE TRAVEL MATTER® EXPERIENCE



Premium Dining

Charlottetown | Learn about the local seafood from a Maritime fisherman before feasting on a delicious lunch.

Moncton | Experience a true taste of the Maritimes with an Acadian lobster boil and cocktail class.

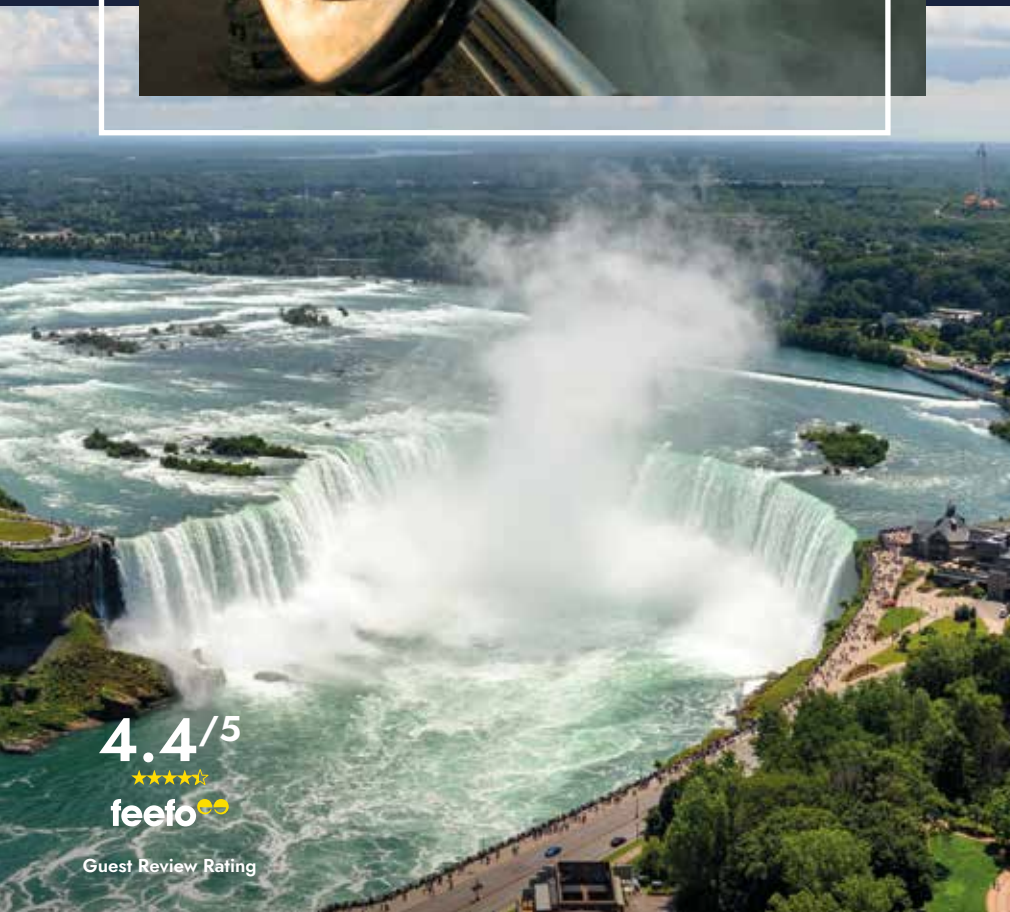
Digby | Celebrate the region's famous scallops with a culinary demonstration before a true Acadian dinner.

For all inclusions see tour page online.

Best of Eastern Canada & USA

Stroll downtown Toronto, walk Boston's Freedom Trail and explore Canada's First Nations heritage before discovering storeys at monuments and museums in the USA's capital.

14 DAYS | 1 COUNTRY | 20 MEALS | BALANCED



4.4/5



feefo

Guest Review Rating



Trip code: ABEC

DEPARTURE MONTHS

April - October

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/canadausa

DAY 1 | THRILLING TORONTO

Welcome to Toronto, a vibrant city on Lake Ontario known for its food and wine scene and eclectic restaurants. Savour dinner accompanied by wine in the company of your fellow travellers. (D)

Hotel: Hilton, Toronto

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | TORONTO AND THE THUNDERING FALLS OF NIAGARA

See Toronto's top sights before venturing to the quaint town of Niagara-on-the-Lake. Experience the thrill of Niagara Falls on a state-of-the-art eco-catamaran. Opt to soar above Niagara's landscapes on a helicopter flight. Later, return to Toronto for an evening at leisure or choose to visit the top of the iconic CN Tower. (B)

DAY 3 | KINGSTON AND OTTAWA

Journey to historic Kingston to view storied buildings, churches and fortifications, many of which being constructed from limestone itself. Continue to the Capital city of Ottawa. At a local farm owned by Just Food, a non-profit organisation dedicated to fostering sustainable food and farming practices, you'll not only enjoy a captivating cooking demonstration but also learn valuable culinary skills. (B) (D)

Hotel: Ottawa Marriott

DAY 4 | CANADA'S CAPITAL TO MONTREAL

Spend the morning exploring Ottawa on a tour of the city. Later, learn about the diversity of Indigenous cultures across Canada through music, dance and song including a lively and passionate Powwow at your MAKE TRAVEL MATTER® Experience at Mādahòkì Farm. Continue to Montreal in the French-speaking province of Quebec. (B)

Hotel: Marriott Chateau Champlain, Montreal

DAY 5 | MONTREAL, THE ROYAL MOUNTAIN

Join a Local Expert who will guide you around Old Montreal. Next, visit the Notre-Dame Basilica and discover the history of the first neo-gothic church in Canada and marvel at its breathtaking architecture and stained-glass windows. The rest of the day is free to enjoy as you please. (B)

DAY 6 | MONTMORENCY FALLS PARK TO QUEBEC CITY

Depart Montreal and immerse yourself in Canadian culinary adventures as you indulge in the sweet delights of maple syrup, harvested and crafted right on-site. After lunch, join an Insight Choice experience to Montmorency Falls Park where you will experience that natural wonder that towers 84m (272 feet) tall over the Saint Lawrence River. Or, visit a Copper Art Studio for a guided tour and demonstration of the repoussé copper art before trying it yourself. (B) (L) (RS)

Hotel: Hilton, Quebec

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

DAY 7 | QUINTESSENTIAL QUEBEC

Discover more of Quebec City's history and charm with a Local Expert. You'll see the Latin Quarter, Plains of Abraham, City Hall and Palace Royale, whilst learning about the city's history. No visit to Old Quebec would be complete without seeing the grand hotel Château Frontenac. In the evening enjoy dinner in historic old Quebec. **(B) (D)**

DAY 8 | QUÉBEC CITY TO BOSTON

Depart Quebec City, crossing the border from Canada into the USA. Take in the breathtaking views of the White Mountains as you journey through Franconia Notch State Park, winding past the park's high peaks and dense woodlands. As Boston's skyline comes into view, feel the excitement grow, as you anticipate two unforgettable nights in one of America's most dynamic cities. **(B)**

Hotel: Hyatt Regency, Boston

DAY 9 | BOSTON, THE CRADLE OF LIBERTY

Join your Travel Director as they guide you along the Freedom Trail, a route that leads you to several historically significant sites, including the Old State House. **(B) (D)**

DAY 10 | A BITE OF THE BIG APPLE

Follow the bright lights to New York City. Explore New York City with Insight Choice. Choose to visit Summit One Vanderbilt with stunning views of the New York skyline, or join a Midtown architecture walking tour. **(B)**

Hotel: The Westin New York at Times Square, New York

DAY 11 | A MANHATTAN MASTERPIECE

Explore the 'City that Never Sleeps' with your Local Expert. This evening, head to Essex Market to meet and hear storeys from local vendors whilst tasting their food specialities. **(B) (D) (RS)**

DAY 12 | LIBERTY IN PHILADELPHIA AND D.C.

Travel to Pennsylvania's largest city, Philadelphia. Explore Independence National Historic Park and visit the Liberty Bell. Journey to Washington, D.C., the nation's capital. Perhaps join an optional nighttime illuminations tour to see the capital's sights in a new light. **(B) (RS)**

Hotel: Royal Sonesta Dupont Circle

DAY 13 | WASHINGTON, D.C. SIGHTSEEING AND LEISURE TIME

Immerse yourself on a sightseeing tour and view the White House, the striking Washington Monument, the sprawling National Mall, the Lincoln Memorial and the World War II Memorial. Next, visit the National Museum of African American History and Culture, the newest member of the Smithsonian Institution. The rest of the day is at leisure. Join your Travel Director and fellow guests for dinner and toast to new friends and fantastic memories. **(B) (D)**

DAY 14 | DEPART WASHINGTON, D.C.

Depart at your leisure to Dulles International Airport or Reagan National Airport for your flight home. Alternatively, extend your stay in the nation's capital. **(B)**

**HIGHLIGHT INCLUSIONS***Premium Experiences*

Montreal | Discover the first neo-gothic church of Canada, Basilique Notre-Dame.

Quebec City | *Insight Choice* Visit a copper art studio for a guided tour, or experience the natural wonders that tower 83m (272 feet) over the Saint Lawrence River.

New York City | Embark on a captivating 2.5-hour architecture walking tour through the heart of the city, or visit Summit One Vanderbilt for amazing skyline views and an immersive, multi-sensory art experience.

New York City | Hear the storeys of local vendors and taste specialities from around the world at Essex Market, a local cornerstone for over 100 years.

Washington, D.C. | Delve into American history on a guided tour of the U.S. capital.

Ottawa | Visit Mādahōkī Farm and learn about diversity of Indigenous cultures across Canada and how dance has helped revive the traditional arts. Your experience advances United Nations Sustainable Development Goals 10 & 11: Reduced Inequalities & Sustainable Cities and Communities.

MAKE TRAVEL MATTER®
EXPERIENCE

*Premium Dining*

Ottawa | Join a cooking demonstration at Just Food Community Farm, nestled within Ottawa's lush 150-acre Greenbelt. Watch a chef craft your meal with local foraged ingredients, learn new skills, and savour a three-course feast paired with wine.

Trois-Rivieres | Enjoy a traditional Sugar shack (Cabane sucre) lunch including traditional staples like maple taffy on snow.

Washington | A stone's throw away from the White House, dine at a restaurant where locals and politicians have mingled since 2010.

For all inclusions see tour page online.

New England's Fall Foliage

Follow Boston's Freedom Trail, visit a maple syrup farm in Montpelier and admire the bronzing leaves of New England's trees.

8 DAYS | 1 COUNTRY | 11 MEALS | BALANCED



DAY 1 | WELCOME TO BOSTON

Affectionately known as Beantown, this revolutionary city is one of the oldest in the United States. After settling in, perhaps take a stroll to Downtown Crossing or historic Faneuil Hall. For those looking to shop, Quincy Market offers big brands and local products, set indoors and surrounding the columns of a regal 19th-century building. Savour dinner accompanied by wine in the company of your fellow travellers. **(D)**
Hotel: Hyatt Regency, Boston

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | BEANTOWN TO SARATOGA SPRINGS

Today you'll discover some of Boston's most famous sights as you delve into the city's transformative past. You'll follow part of the red-brick Freedom Trail that brings the storey of the American Revolution to life. See Boston Common, Boston Public Garden, Trinity Church and Copley Square. This afternoon, explore Stockbridge with an Insight Choice. Choose to visit the Norman Rockwell Museum, home to the largest and most significant collection of original Rockwell art. Alternatively, choose to take a guided tour of Chesterwood, the former summer home and studio of renowned 20th-century sculptor Daniel Chester French, famous for his work on the Lincoln Memorial. Travel on through the rolling hills of the Berkshires and onto your upstate New York hotel, situated within the Saratoga Spa State Park. **(B)**

Hotel: The Gideon Putnam, Saratoga Springs

DAY 3 | THE LEGENDS OF THE AUTUMN AND STOWE

Trace the roots of Vermont's rural traditions as you travel from Saratoga Springs into the heart of New England. In Weston, step inside the Vermont Country Store, a family-run emporium preserving generations of heritage brands and household curiosities. Browse shelves filled with locally made maple syrup, nostalgic sweets and artisanal Vermont cheeses, each reflecting the state's rich tradition of craftsmanship. Explore Woodstock, a village renowned for its Federal-style architecture and artisanal spirit. At Billings Farm & Museum, gain insight into sustainable dairy farming practices and how 19th-century life shaped the region's agricultural legacy. Later, at Morse Farm Maple Sugarworks, learn how maple sap is turned into syrup and taste the seasonal delicacy 'sugar on snow'. Your day concludes at the Von Trapp Family Lodge, home to the famed musical family who made Vermont their refuge after fleeing Austria. **(B)**

Hotel: Trapp Family Lodge, Stowe

DAY 4 | A TASTE OF VERMONT

Enjoy a Relaxed Start at the iconic Von Trapp Family Lodge, where Austrian heritage meets Vermont's Green Mountains. Later, connect with the land at Bread & Butter Farm during a guided tour, followed by a nourishing lunch by Blossom Whole Food Kitchen. This afternoon, take time

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

4.6/5
★★★★★
feefo

Guest Review Rating



Trip code: AENE

DEPARTURE MONTHS

September - October

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/fallfoliage

to explore the picturesque town of Stowe, filled with artisan boutiques and local charm. Return to the lodge for a hearty three-course dinner featuring Alpine flavours, thoughtfully paired with German-style lagers brewed onsite at the Von Trapp Brewery. **(B) (L) (D) (RS)**

DAY 5 | NORTH CONWAY AND THE WHITE MOUNTAINS

Journey to New Hampshire's White Mountains and enter striking Franconia Notch. Take a scenic ride on the Gondola SkyRidge at Loon Mountain Resort (seasonal). On a clear day, you'll have superb panoramic views of New Hampshire, Maine, Vermont, New York and Canada. Later, journey through the dazzling crimson and orange hues of the famed Kancamagus Scenic Byway to North Conway. This spectacular section of Route 112 is unspoiled by industry and boasts 55.5 km of untouched natural beauty. **(B) (RS)**

Hotel: White Mountain, North Conway

DAY 6 | SIGHTSEEING IN THE WHITE MOUNTAINS

This morning's MAKE TRAVEL MATTER® Experience with naturalist guide Chris Lewey provides an up-close and personal insight into New England's wildlife and ecology. Then, more spectacular autumn foliage awaits as you journey through Crawford Notch, an arresting pass through the White Mountains. Stop for pictures at the Silver Cascade Waterfall and Bretton Woods, which offers stunning views of Mount Washington, the tallest peak in the northeast at 1,917 m (6,288 ft). Your Travel Director will guide you on a scenic hike to Diana's Baths, which features a series of small cascading waterfalls. Return to your hotel where you can enjoy an evening at leisure. **(B)**

DAY 7 | THE RUGGED MAINE COAST

Cross from New Hampshire into Maine this morning as you travel along the jagged coastline. Head to Fort Williams Park which is home to the iconic Portland Head Lighthouse that has been in operation since 1791. Then spend the rest of your afternoon at leisure in Portland. In the evening, enjoy a delicious dinner featuring Maine lobster with your fellow travellers. **(B) (D) (RS)**

Hotel: Westin Portland Harborview, Portland

DAY 8 | BACK TO BOSTON

Known for its sandy beaches, Kennebunkport is a year-round coastal destination that houses the rich and famous, even serving as the summer retreat of former President George H.W. Bush. Travel along Ocean Drive with more stunning views of the Maine coastline, before driving back to Boston. Guests departing Boston will arrive at Boston Logan International Airport. Those extending their stay will return to the Hyatt Regency Boston hotel. **(B)**

TRANSFER: Arrive at the airport at 12:30.

Women-Only Option

We also offer an exclusive Women-Only option for this tour. Designed by women, for women, this inspiring journey welcomes up to 24 like-minded guests and features enriching experiences that support female-owned businesses. To read the full itinerary visit insightvacations.com/women-only or speak to your Travel Agent.



HIGHLIGHT INCLUSIONS

Premium Experiences

Boston | Unlock the secrets of the American Revolution on a tour of the historic red-brick Freedom Trail.

Stockbridge | *Insight Choice* Enjoy a self-guided tour of Chesterwood, the former summer home and studio of 20th-century sculptor, Daniel Chester French, best known for his work on the Lincoln Memorial in Washington, D.C., or take a self-guided visit to the Norman Rockwell Museum and grounds, which houses the largest collection of original Rockwell art pieces.

Woodstock | Explore the Rockefeller's renowned Billings Farm and Museum, showcasing Vermont's rural history.

Montpelier | Learn how maple syrup is tapped from trees and try 'sugar on snow.'

Kancamagus Highway | Enjoy a picturesque drive along the Kancamagus Scenic Byway.

Franconia Notch State Park | Take a scenic ride on the Gondola SkyRidge (weather permitting).

North Conway | Learn about regional flora and fauna with a Local Expert during an ecological look at autumn in New England. Your experience advances United Nations Sustainable Development Goal 15: Life on Land.

MAKE TRAVEL MATTER®
EXPERIENCE



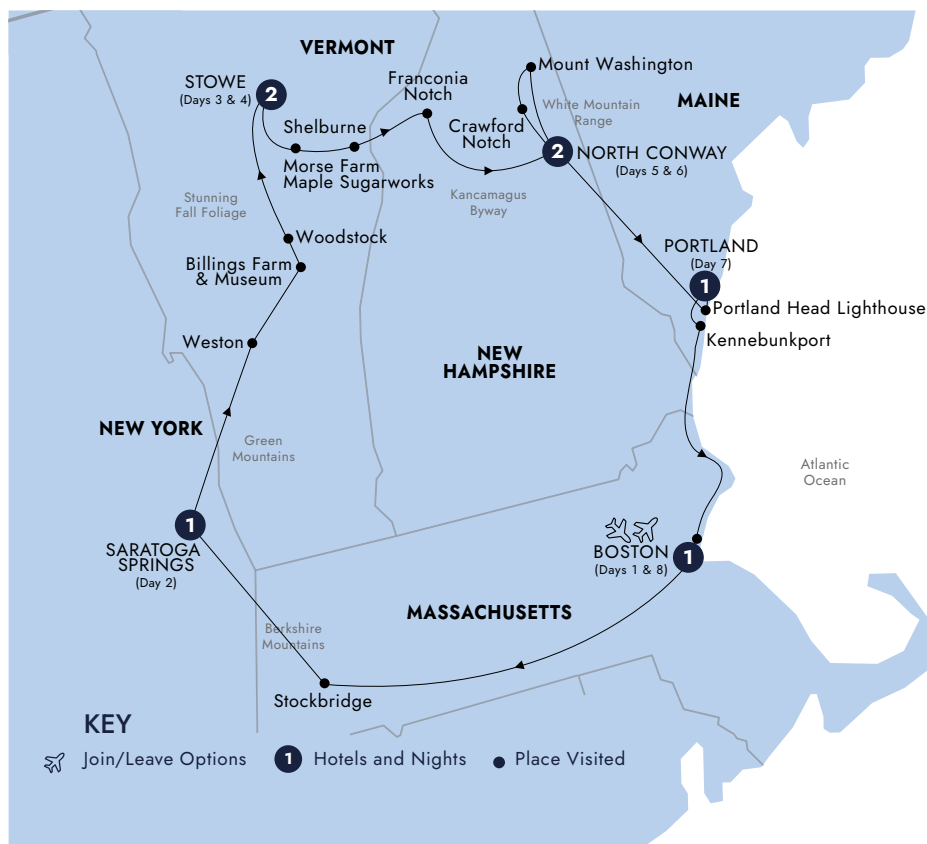
Premium Dining

Shelburne | Savour a Farm-to-Table lunch at Bread & Butter Farm.

Stowe | Enjoy Austrian-style lagers during your dinner at Von Trapp Brewing's bierhall.

Portland | Enjoy an authentic Maine lobster dinner.

For all inclusions see tour page online.



Spectacular National Parks of Eastern USA

Revel in the landscapes of the Great Smoky Mountains and Shenandoah National Parks, taste wine at Veritas Winery, and tour the Biltmore Estate.

10 DAYS | 1 COUNTRY | 15 MEALS | DYNAMIC



DAY 1 | A MONUMENTAL TIME IN WASHINGTON, D.C.

Welcome to Washington, D.C., the nation's capital and a haven for history and art buffs alike. Savour dinner accompanied by wine in the company of your fellow travellers. **(D)**

Hotel: Royal Sonesta Dupont Circle

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | WASHINGTON, D.C. TO SHENANDOAH NATIONAL PARK

This morning, immerse yourself on a tour of Washington D.C. View iconic sights and national monuments, including the White House, Washington Monument, the National Mall and Lincoln Memorial. Visit the National Museum of African American History and Culture. As the newest member of the Smithsonian Institution, this is the only national museum devoted exclusively to the documentation of African American life, history, and culture. Leave the city sights behind in the afternoon and travel along Skyline Drive, the main scenic drive into Shenandoah National Park. Enjoy spectacular views across the colourful vistas of the park before arriving at your hotel, the historic Skyland Lodge. The evening is yours to relax and bask in breathtaking views of Shenandoah Valley. **(B)**

Hotel: Skyland Lodge, Shenandoah National Park

DAY 3 | SHENANDOAH NATIONAL PARK

Start your day immersed in nature's beauty with a gentle hike along the Stony Man Trail. The trail is part of the iconic Appalachian Trail and offers some of the best vistas in Shenandoah National Park, so have your camera ready. Visit the acclaimed Veritas Vineyards and Winery for a wine tasting and farmhouse lunch. Taste signature wines and relax on the sundeck whilst enjoying spectacular views over the Blue Ridge Mountains. Later, travel on to the New River Gorge National Park and your resort hotel, where the evening is yours at leisure. **(B) (L)**

Hotel: The Resort at Glade Springs, Daniels

DAY 4 | EXPLORING NEW RIVER GORGE NATIONAL PARK

Today explore New River Gorge National Park, the newest park in the America's National Park System, encompassing over 70,000 acres of land. Visit the Canyon Rim Visitor Centre to learn all about the history and flora and fauna of the park. Then stroll along a picturesque boardwalk trail to enjoy magnificent views of the New River Gorge Bridge. The rest of the day is yours to enjoy the park and hotel amenities at your leisure. Guests can also choose to take an optional guided Bridge Walk to learn the history of the longest single arch bridge in the Western Hemisphere. **(B)**

INCLUDED MEALS: Breakfast **(B)** Lunch **(L)** Dinner **(D)**

RELAXED STARTS: **(RS)**

HOTELS: On occasion, hotels of a similar standard and location may be used.

Tour rating
coming soon.

feefo

Guest Review Rating



Trip code: AENP

DEPARTURE MONTHS

May - June + September - October

For dates, prices and to choose your group size call your Travel Agent or see [insightvacations.com/nationalparks](https://www.insightvacations.com/nationalparks)

DAY 5 | A FEAST OF MUSIC AND FOOD IN ASHEVILLE N.C.

Depart for Asheville. Unleash your inner musician with a tour of Asheville's famous Citizen Vinyl record press factory and studio. Later, taste the delights of the city on a walking food tour. Sit at some of the most acclaimed local establishments to sample an array of flavours, cuisines and local produce. **(B) (L)**

Hotel: Hilton Asheville Biltmore Park, Asheville

DAY 6 | THE BILTMORE ESTATE

Enjoy a relaxed start before visiting the magnificent Biltmore Estate, America's largest privately owned home. Tour the remarkable house and explore the lush gardens and arboretum. Through intriguing displays of vintage clothing, accessories, art and furniture, uncover storeys of the Vanderbilt family. The afternoon is yours at leisure to explore Asheville. Join an Optional Experience on a River Arts District Tour. **(B) (RS)**

DAY 7 | GREAT SMOKY MOUNTAINS NATIONAL PARK

Depart for the Great Smoky Mountains via the Blue Ridge Parkway, one of the most beautiful drives in America. On the way, visit the Oconaluftee Indian Village, a MAKE TRAVEL MATTER® Experience. You'll join a cultural expert for an interactive journey through Cherokee lifestyle and history. On arrival in the Great Smoky Mountains National Park, discover the importance of agriculture to the park's ecosystem with a visit to the Mountain Farm Museum. Savour a delicious and picturesque picnic lunch before continuing to your hotel. Enjoy magnificent views with stops along the way, including Newfound Gap, dramatically straddling the state line of North Carolina and Tennessee. **(B) (L)**

Hotel: The Park Vista: A DoubleTree by Hilton, Gatlinburg

DAY 8 | THE MUSEUM OF APPALACHIA AND ON TO NASHVILLE

Step back in time with a visit to the Museum of Appalachia. Roam the original buildings of this living mountain village and learn about the people of Appalachia. Feast on a full Southern Appalachian country lunch. Then journey on to Nashville and get acquainted with Music City on an orientation tour. Visit the picturesque Riverfront Park, Tennessee State Capitol and the 132-acre Centennial Park, where you'll encounter an exact replica of the Parthenon. Pass by the city's lively honky-tonks and street performers on Broadway, as you make your way to the Ryman Auditorium, former and original home of the Grand Ole Opry. **(B) (L) (RS)**

Hotel: Hotel Fraye, Nashville

DAY 9 | WELCOME TO MUSIC CITY

This morning, explore Nashville with Insight Choice. Choose to visit the National Museum of African American Music and celebrate the central role African Americans play in creating the American soundtrack. Alternatively, visit Mammoth Cave National Park and explore its intricate cave system with a park ranger. Learn about the thousands of years of human history and biodiversity that earned the park a title of UNESCO World Heritage Site and International Biosphere Reserve. Tonight, toast your travels at dinner and enjoy timeless southern hospitality at a local restaurant. **(B) (D)**

DAY 10 | DEPART NASHVILLE

This morning, bid farewell to Nashville at your leisure, or extend your stay in Music City. **(B)**

HIGHLIGHT INCLUSIONS*Premium Experiences*

Washington, D.C. | Visit the only National Museum devoted exclusively to the documentation of African American life, history and culture.

Luray | Experience Shenandoah National Park and hike along the Appalachian Trail.

New River Gorge National Park | Take in breathtaking mountain and gorge views at America's newest national park.

Asheville | Enjoy a tour of the Citizen Vinyl's record pressing factory, studio, and historic WWNC radio station. Discover The Biltmore Estate.

Gatlinburg | Explore the United States' third most-visited park, Great Smoky Mountains National Park.

Nashville | See the major landmarks of this musical city during an orientation, then visit the Ryman Auditorium, former home of the Grand Ole Opry.

Clinton | Step back in time at the pioneering Museum of Appalachia, and enjoy a Southern Appalachian lunch.

Nashville | *Insight Choice* Visit the National Museum of African American Music and celebrate the central role African Americans play in creating the American soundtrack, *or* join a Park Ranger for a tour of the intricate cave system at Mammoth Cave National Park.

Cherokee | Step back to the 1760s at Oconaluftee Indian Village, where you will learn about Cherokee history, interact with villagers, and experience traditional crafts. Your experience advances United Nations Sustainable Development Goals 10 & 11: Reduced Inequalities & Sustainable Cities and Communities.

MAKE TRAVEL MATTER®
EXPERIENCE

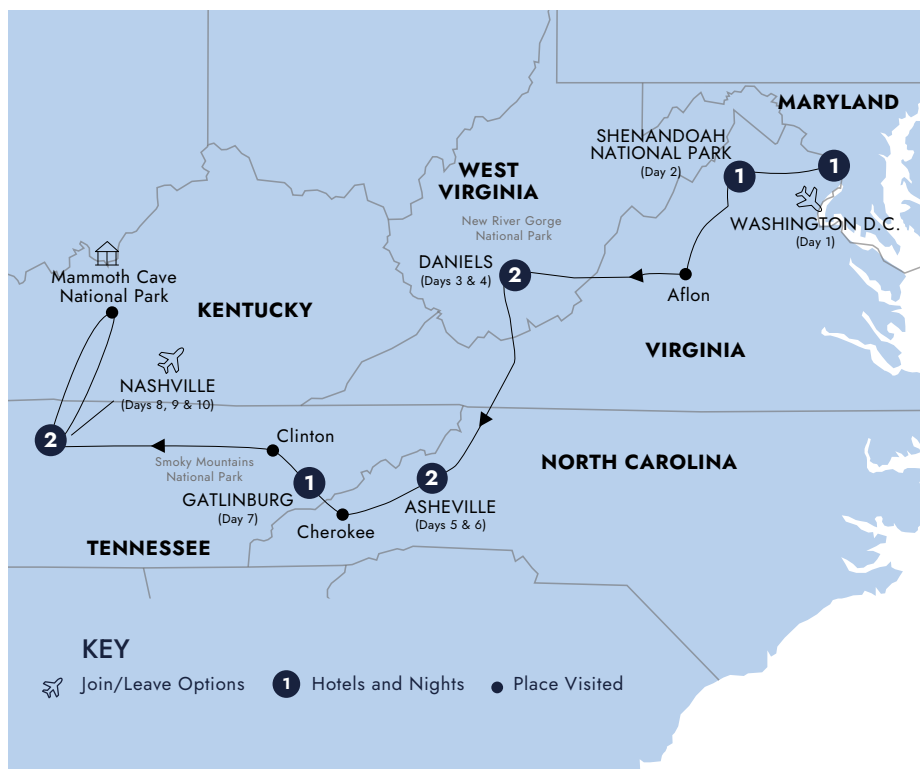
*Premium Dining*

Asheville | Enjoy a walking food tour of the city's culinary favourites, savouring outstanding food and drink pairings at acclaimed eateries.

Smoky Mountains National Park | Indulge in an intimate picnic lunch whilst overlooking the mountains.

Nashville | Experience Southern hospitality at one of the locals' favourite restaurants, Puckett's, whose history stretches back to the 1950s.

For all inclusions see tour page online.



Treasures of Cape Cod & The Islands

Follow the red-brick Freedom Trail in Boston, visit the living history museum at Plimoth Patuxet and admire the grand homes of Martha's Vineyard.

8 DAYS | 1 COUNTRY | 11 MEALS | BALANCED



4.4^{1/5}

★★★★☆

feefo

Guest Review Rating



Trip code: ACAP

DEPARTURE MONTHS

May - October

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/bostoncapecod

DAY 1 | WELCOME TO BOSTON

Welcome to Boston, a city that played a central role in American history. Boston's prestigious universities, like Harvard and MIT, amplify its status as a leading hub for innovation and research. In the evening, savour a dinner with wine and the opportunity to mingle with fellow guests. (D)

Hotel: Hyatt Regency, Boston

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | EXPLORING PLYMOUTH'S PAST

Trace the path of American independence along Boston's Freedom Trail. See the nation's oldest public park, Boston Common, the Old State House and the Granary Burying Ground, final resting place of revolutionaries. Then travel to Plymouth and step aboard the Mayflower II, a full-scale replica of the 1620 ship. At Pilgrim Hall Museum, explore an extraordinary collection of 17th-century artefacts with a Mayflower descendant on a MAKE TRAVEL MATTER® Experience, gaining powerful insight into the founding storeys of early Plymouth Colony. Finally, walk through recreated homesites at Plimoth Patuxet Museums, where you'll witness traditional practices and lifeways of both the Wampanoag and English communities. (B)

Hotel: Dan'l Webster Inn and Spa, Sandwich

DAY 3 | THE WONDERS OF CAPE COD

The windswept shores and pristine landscapes of Cape Cod await as you embark on a journey through the heart of New England's maritime history. The Cape's rolling sand dunes, historic lighthouses, and timeless fishing villages set the stage for a day rich in cultural discovery. Explore Cape Cod's National Seashore, where the storeys of the Wampanoag people and European settlers converge against a backdrop of stunning coastal beauty. Enjoy a relaxed evening in the historic charm of Sandwich. (B) (D)

DAY 4 | NAUTICAL HISTORY IN NANTUCKET

Set sail from Hyannis to the island of Nantucket, where cobblestone streets and preserved historic homes tell the story of a bygone whaling era. Stroll through the charming downtown, learning how the rise and autumn of the whaling industry shaped Nantucket's social fabric and economy. As you uncover tales of seafaring adventures, witness the island's transformation into a beloved destination for visitors from across the globe. After a day steeped in maritime history, return to Hyannis by ferry for an evening at leisure. (B)

DAY 5 | THE CHARMS OF MARTHA'S VINEYARD – AN ISLAND ESCAPE

Board a morning ferry to Martha's Vineyard, an island known for its pristine beaches, charming harbour towns, and storied visitors, including U.S. presidents. Explore Oak Bluffs

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

with its gingerbread cottages, visit the Flying Horses Carousel and see State Beach, made famous by the film *Jaws*. Discover the island's colourful past, from whaling to modern-day tourism, as you gain insights into the history of Edgartown Harbour Lighthouse. Later, enjoy island hospitality with seasonal offerings from local farms, fishing boats and foragers during a dining experience at Bettini, located in your elegant hotel. **(B) (D)**

Hotel: Harbor View, Martha's Vineyard



Nantucket means "Faraway Island" in the language of the Wampanoag people who first lived on the island, 30 miles away from the mainland.

MIRIAM, TRAVEL DIRECTOR

DAY 6 | THE TIMELESS ELEGANCE OF NEWPORT

Arrive in Newport, where over 95 years of hospitality and charm characterise the historic Hotel Viking. Set in the heart of this coastal city, your boutique accommodation offers luxurious rooms and stunning views. Personalise your afternoon with Insight Choice. Opt to visit the Newport Car Museum, where over 100 vehicles highlight milestones in design and performance of cars throughout the 19th and 20th century. Or explore Green Animals Topiary Garden at the Brayton House, the oldest of its kind in the United States, where sculpted shrubs have been meticulously shaped since 1872. This evening, take a leisurely stroll through Newport's vibrant

streets, where every corner reveals another piece of its storied past. **(B) (RS)**

Hotel: Viking, Newport

DAY 7 | NEWPORT, THE QUEEN OF SUMMER RESORTS

Your day begins with Newport's famed Ten Mile Drive, a scenic route that hugs the coastline, showcasing public parks, historic landmarks and breathtaking ocean views. Afterwards, explore the grandeur of Newport's "summer cottages" as you visit the Breakers, the grandest of them all. A symbol of the Vanderbilt family's wealth and prominence, this opulent mansion offers a glimpse into the lavish lifestyle of America's Gilded Age elite. Cap off the day with a sunset sail aboard the Adirondack II, gliding along Newport Harbour and Narragansett Bay. **(B) (D) (RS)**

DAY 8 | FAREWELL TO BOSTON

As your tour comes to a close, bid farewell to your fellow travellers and transfer to Logan International Airport for your onward journey. With memories of Boston's historic charm, the beauty of Cape Cod, and the elegance of Newport, you leave with a deeper appreciation for this unique corner of New England. **(B) (RS)**

TRANSFER: Arrive at the airport at 12:00.

Women-Only Option

We also offer an exclusive Women-Only option for this tour. Designed by women, for women, this inspiring journey welcomes up to 24 like-minded guests and features enriching experiences that support female-owned businesses. To read the full itinerary visit insightvacations.com/women-only or speak to your Travel Agent.

HIGHLIGHT INCLUSIONS

Premium Experiences

Boston | Unlock the secrets of the American Revolution on a tour of the historic red-brick Freedom Trail.

Plymouth | Visit the Plimoth Patuxet Museum to learn about the Wampanoag Indigenous community and early English settlers, whilst helping preserve their history.

Nantucket | Discover the island's whaling history on a guided walking tour.

Martha's Vineyard | Visit the port neighbourhood of Oak Bluffs.

Newport | *Insight Choice* Explore the Green Animals Topiary Garden, the oldest of its kind in the United States, or visit the Newport Car Museum, featuring over 100 vehicles from the 19th and 20th centuries.

Newport | Visit the Breakers Mansion, the former summer cottage of Cornelius Vanderbilt II.

Enjoy a private cruise offering majestic views of Gilded Age mansions, lighthouses, and former speakeasies.

Plymouth | Led by a Mayflower descendant, enjoy a guided visit to Pilgrim Hall Museum, the oldest continuously operating public museum in the United States. View original 17th-century artefacts and possessions carried on the Mayflower as you explore the personal storeys behind early Plymouth Colony. This MAKE TRAVEL MATTER® Experience supports United Nations Sustainable Development Goal 4: Quality Education through inclusive programming, extensive historical resources and its mission to deepen public understanding of America's colonial beginnings. Your Experiences advances United Nations Sustainable Development Goals 4: Quality Education.

MAKE TRAVEL MATTER® EXPERIENCE



Premium Dining

Boston | Taste New England classics like clam chowder and Boston cream pie.

Martha's Vineyard | Indulge in a locally sourced dinner in a private dining space in Bettini Restaurant.

Newport | Enjoy a seafood dinner with wine.

For all inclusions see tour page online.



Soul of the Deep South

Tour Studio B in Nashville, visit Graceland in Memphis, dine on authentic Cajun cuisine and hear live music at an authentic jazz club in New Orleans.

9 DAYS | 1 COUNTRY | 13 MEALS | LEISURELY



Tour rating coming soon.

feefo

Guest Review Rating



Trip code: ANNO

DEPARTURE MONTHS

March - June + September - October

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/souldeepsouth

DAY 1 | ARRIVE IN NASHVILLE

Welcome to Nashville, the capital of Tennessee and the USA's glittering centre stage. Tonight, savour dinner in the company of your fellow travellers. (D)

Hotel: Fraye, Nashville

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | TAKE CENTRE STAGE IN NASHVILLE

Pass by the city's lively honky-tonks and performers on Broadway as you embark on an orientation tour of the city. Later, take a tour to RCA Studio B, the birthplace of Nashville Sound. In the afternoon, pay a visit to the Country Music Hall of Fame. Tonight, attend a live broadcast of the Grand Ole Opry, the longest-running radio broadcast in US history. (B) (RS)

DAY 3 | CHOOSE YOUR NASHVILLE EXPLORATION

Make a stop at the Nashville Farmer's Market to explore its artisanal crafts and produce. You decide how to discover Nashville this afternoon with Insight Choice. Choose to visit Nelson's Green Brier, a local Tennessee distillery and home of the Original Tennessee Whiskey. Or, visit The National Museum of African American Music, the only museum dedicated to preserving and celebrating the many music genres created, influenced and inspired by African Americans. (B) (RS)

DAY 4 | HEADING BACK HOME TO MEMPHIS

This morning, you'll travel to Memphis, a city that pulses with rhythm and history. Whether it's your first visit or your hundredth, the soulful sounds of Beale Street are sure to draw you in. Later, join civil rights activist Elaine Lee Turner for a walking tour through pivotal sites of the 1960s movement, including Mason Temple and the Lee Sisters Marker. As Elaine shares personal storeys of protest and resilience, you'll gain rare insight into Memphis' role in the fight for justice. This evening, enjoy private access to the Stax Museum of American Soul Music, housed in the original Stax Records studio. Explore more than 2,000 artefacts and exhibits celebrating the artists who defined Southern soul, including Otis Redding, Isaac Hayes and Carla Thomas. The Soulsville Foundation behind the museum empowers young people through music and education, keeping the legacy alive. (B)

Hotel: The Guest House at Graceland, Memphis.

DAY 5 | A DAY DEDICATED TO THE KING

Begin your day with a visit to the magnificent Graceland, the former home of Elvis Presley. Make your way to Sun Studio, the "birthplace of rock and roll", where legends B.B. King, Johnny Cash and Elvis recorded. Dinner this evening will be served at The Beauty Shop, a former parlour turned whimsical New American eatery where Elvis' ex-wife, Priscilla, was said to get her hair done. (B) (D) (RS)

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

DAY 6 | MEMPHIS TO JACKSON VIA THE MISSISSIPPI BLUES TRAIL

Follow the legendary Mississippi Blues Trail, where markers tell the stories of the artists who shaped America's most influential music. In Indianola, a Local Expert leads you through the B.B. King Museum, where you'll see his guitars, explore interactive exhibits, and visit the restored cotton gin where he once worked. Pay your respects at his final resting place before heading to the iconic Club Ebony, a historic stop on the Chitlin' Circuit, a network of venues that provided Black musicians with safe performance spaces during segregation. Here, a local musician will share the club's storied past and guide you in writing your own blues song before a private concert over lunch brings the music to life. (B) (L)

Hotel: The Westin Jackson

DAY 7 | JACKSON TO NEW ORLEANS

Step into the rich history of Louisiana with a guided tour of Destrehan Plantation, exploring the lives of both the free and enslaved who lived here. In the original mule barn, Local Expert Spuddy shares the traditions of Cajun cuisine through a live cooking demonstration, followed by lunch showcasing the bold, smoky flavours of the region. Continue to New Orleans, founded by the French in 1718 and later shaped by Spanish rule before becoming part of the United States in the Louisiana Purchase in 1803. Later, go behind the scenes at Mardi Gras World, where artists craft elaborate floats that bring the city's biggest celebration to life. A Mardi Gras World artist will guide you in

designing your own vibrant mask to take home as a unique keepsake. (B) (L)

Hotel: New Orleans Marriott, New Orleans

DAY 8 | FESTIVITIES IN NEW ORLEANS

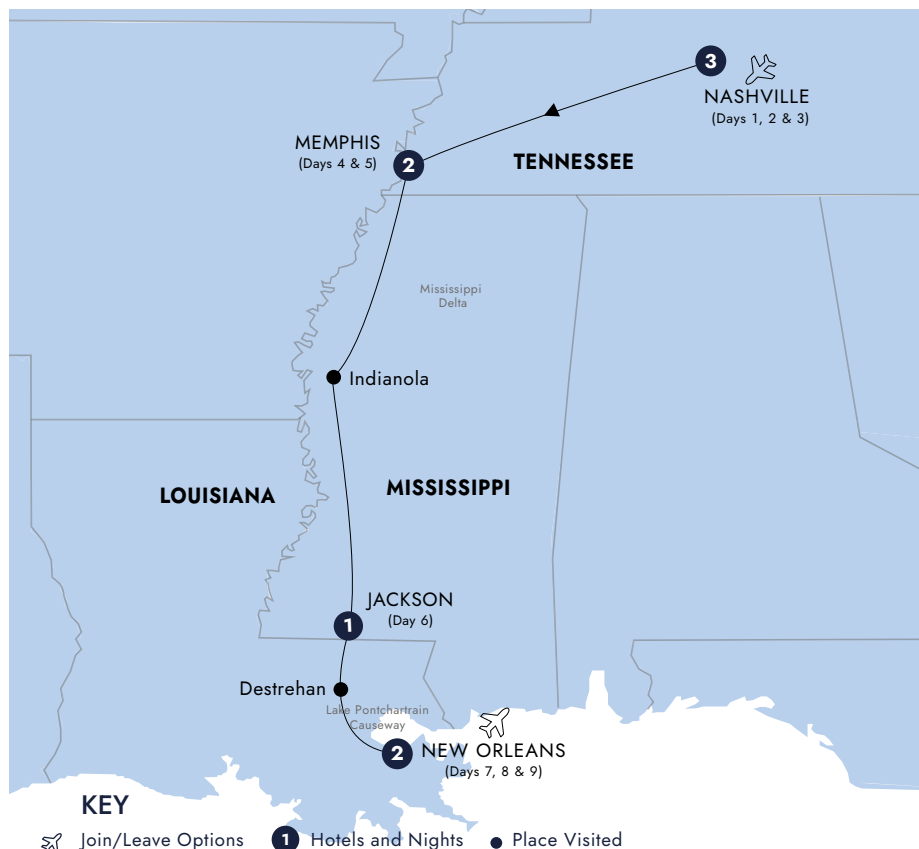
Discover New Orleans with a Local Expert, from the grand mansions of the Garden District to the lively French Quarter. In the afternoon, choose to explore the National WWII Museum, home to immersive exhibits and personal stories from the war, or take a swamp tour, gliding through bayous teeming with wildlife whilst learning about Louisiana's disappearing wetlands. Celebrate your final evening with a VIP jazz experience at Fritzel's Jazz Club, followed by a Creole dinner at Tujague's, a New Orleans institution since 1856. (B) (D)

DAY 9 | DEPART NEW ORLEANS

It's time to say goodbye to your fellow travellers as your adventure comes to an end. Departure to the airport will be at leisure. (B)

Women-Only Option

We also offer an exclusive Women-Only option for this tour. Designed by women, for women, this inspiring journey welcomes up to 24 like-minded guests and features enriching experiences that support female-owned businesses. To read the full itinerary visit insightvacations.com/women-only or speak to your Travel Agent.



HIGHLIGHT INCLUSIONS

Premium Experiences

Nashville | Learn about country music legends at the Country Music Hall of Fame.

Join a live broadcast of the

Grand Ole Opry.

Take a guided tour of RCA Studio B, the cradle of Nashville country music sound.

Nashville | *Insight Choice* Visit the National Museum of African American Music and celebrate the central role African Americans play in creating the American soundtrack, or visit Nelson's Green Brier, home of the Original Tennessee Whiskey, and learn about the process that creates this drink's unique taste.

Memphis | Explore Memphis with Civil Rights era activist Elaine Lee Turner. Visit Sun Studios, known as the "birthplace of Rock n Roll."

Explore Graceland, the private retreat of Elvis Presley.

Indianola | Visit the B.B. King Museum and Delta Interpretive Centre. Experience the soul of the blues at the legendary Club Ebony.

New Orleans | Enjoy an exclusive tour of Mardi Gras World and design your own Mardi Gras Mask alongside a certified artist. Discover the heart of the New Orleans jazz scene with VIP front-row seating at Fritzel's Jazz Club in the French Quarter.

Memphis | Visit the Stax Museum of American Soul Music for a special after-hours private tour and learn about its soulful legacy. Your experience advances United Nations Sustainable Development Goal 4: Quality Education.

MAKE TRAVEL MATTER®
EXPERIENCE



Premium Dining

Memphis | Savour a meal at The Beauty Shop, a former beauty parlour turned whimsical New American eatery, where Elvis' ex-wife, Priscilla, was said to get her hair done.

Destrehan | Enjoy a live cooking demonstration featuring Cajun and Creole inspired dishes.

New Orleans | Dine at one of the longest continuously operated restaurants in the country.

For all inclusions see tour page online.

Hawaii with Oahu, Maui & the Big Island

The best of land and sea: Explore Pearl Harbour, visit a pineapple and coffee farm and reach new heights at Haleakalā National Park.

10 DAYS | 1 COUNTRY | 16 MEALS | BALANCED



4.7/5
★★★★★
feefo

Guest Review Rating



Trip code: APARK

DEPARTURE MONTHS

Year-round

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/hawaiiibig

DAY 1 | ALOHA HAWAII

Arrive in Honolulu and receive a warm lei greeting before meeting your Travel Director. Made famous by Elvis Presley's 1961 film *Blue Hawaii* and the iconic cocktail, your Oahu hotel sets the scene for your stay. This evening, enjoy dinner with your fellow travellers. (D)

Hotel: Hilton Hawaiian Village Waikiki Beach Resort, Oahu

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | PEARL HARBOUR

Enjoy a Relaxed Start this morning followed by a visit to the Pearl Harbour National Memorial, commemorating the tragic day of December 7th 1941. Walk through the Visitor Centre and take a short boat ride to the USS Arizona Memorial, the final resting place of 1,102 sailors and marines. Spend time at the superb visitor centre and explore exhibits that recount the events that led the U.S. to join World War II. As part of today's adventure, you'll see the Punchbowl National Memorial Cemetery of the Pacific. It honours all those who served in the U.S. Armed Forces and lost their lives during WWII, the Korean War and the Vietnam War. Return to Waikiki and spend the rest of your day at leisure. (B) (RS)

DAY 3 | A TRIP AROUND OAHU

After a Relaxed Start this morning, set out to explore Oahu on an exciting island tour. Take in the epic views from Pali Lookout towards the Kāneʻohe Bay and the Windward Coast. Journey beneath the towering Koʻolau Cliffs and along the rugged coastline. Join a MAKE TRAVEL MATTER[®] Experience with your Local Expert in a Hawaiian Legacy Forest and partake in the sacred planting ceremony of a native tree contributing to the healing of the local ecosystem. Delve into an al fresco, sustainably sourced picnic lunch whilst enjoying views of the Legacy Forest. Continue to the North Shore where in the winter months waves can reach 30ft making it a favourite spot among big wave surfers worldwide. Visit Haleiwa, the social and artistic hub of the North Shore. Finally, return to Waikiki after your eventful day and enjoy your evening at leisure. (B) (L) (RS)

DAY 4 | MAUI, THE VALLEY ISLE

Take a short flight to Kahului on Maui. Visit the awe-inspiring Iao Valley State Park and see the 1,200-foot landmark Iao Needle. As night falls you are invited to choose your own dining experience from a selection of restaurants for your Dine-Around evening. Your options include a magical evening at the Waiale Lu'au for a taste of traditional Polynesian cuisine, dance and storytelling, or one of the resort's other top-rated restaurants. (B) (D)

Hotel: The Westin Maui Resort & Spa, Ka'anapali Beach, Maui

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

DAY 5 | UPCOUNTRY MAUI

Head to Upcountry Maui and discover a different face of the island. Visit one of the last working pineapple farms with a fun and knowledgeable Local Expert. Indulge in a Farm-to-Table lunch at the Hali'imaile General Store. Originally a plantation shop in the early 20th-century, the restaurant is known for its outstanding island cuisine. Return to your resort and spend the evening at your leisure. **(B) (L)**

DAY 6 | INSIGHT CHOICE IN MAUI

Explore Maui with Insight Choice. Choose to experience sunrise at Haleakalā National Park, offering an astonishing volcanic landscape. Hear the Hawaiian legends about the active volcano and see the unique Haleakalā Silversword plant. Alternatively, cruise to the scenic coastline of Lana'i island and snorkel a dazzling coral reef, home to abundant sea life. Tonight, get together with your Travel Director and fellow travellers for dinner. **(B) (D)**

DAY 7 | TO THE BIG ISLAND

Take a short flight to Hawai'i, the largest island of the archipelago. Upon arrival, spend time in easy-going Kailua-Kona, once the home of Kamehameha I, Hawai'i's great ruler. Travel from the beach to the coffee growing area of Kona and join a Local Expert to learn about Kona coffee. Enjoy a tasting of this gourmet speciality that only grows on the slopes of two local active volcanoes. See native plants, fruits and the organic coffee fields on your tour around the plantation. Continue to your luxurious resort accommodation and enjoy the rest of your day at leisure. **(B)**

Hotel: Hilton Waikoloa Village, Island of Hawai'i

DAY 8 | THE VOLCANOES OF HAWAII

Get ready for an unforgettable journey to the volcano. Following a luscious lunch, enter

the UNESCO World Heritage listed Hawai'i Volcanoes National Park. Hear the legends of Pele, the goddess of volcanoes and fire and the creator of the Hawaiian Islands. Stop by the magical Rainbow Falls on your way back to your resort. **(B) (L)**



Make your way through the world's tallest mountains from base to summit en route to UNESCO-listed Volcanoes National Park. Here you'll stand in front of the fire goddess, Pele, on Kilauea caldera's rim.

ANDREW, TRAVEL DIRECTOR

DAY 9 | A DAY TO RELAX

Enjoy a Relaxed Start and spend the day on island time, lounging under the swaying palms or by the pool. Indulge in a spa treatment or snorkel in the local lagoon, looking for the rare green sea turtles that call these waters home. Or, opt to take to the skies on a helicopter tour and witness the sea cliffs of Waipi'o Valley and the Kohala Mountains. Tonight, come together at a restaurant for dinner and toast to your travels. **(B) (D) (RS)**

DAY 10 | FAREWELL HAWAII

Bid farewell to your fellow travellers and new friends and depart at leisure to the Kona airport filled with new memories and stories. **(B)**

HIGHLIGHT INCLUSIONS*Premium Experiences*

Honolulu | See the Punchbowl National Memorial Cemetery of the Pacific.

Visit Pearl Harbour and step aboard the USS Arizona Memorial.

Oahu | On your journey around Oahu, take in epic views from Pali Lookout, and travel beneath the Ko'olau Mountains and along the Windward Coast.

Maui | See the 1,200-foot (366 metre) landmark Iao Needle.

Visit one of the last working pineapple farms with a Local Expert. Learn about the plantations' impact on the islands and sample some of the extra sweet Maui Gold variant.

Maui | Insight Choice Watch for dolphins as you cruise to the scenic coastline of Lana'i island and snorkel a dazzling coral reef, or choose to visit Haleakala National Park offering an astonishing volcanic landscape.

Hawaii | Visit the UNESCO World Heritage listed Hawai'i Volcanoes National Park.

Oahu | Join an eco-tour with your Local Expert in a Hawaiian Legacy Forest and plant a native tree contributing to the healing of the local ecosystem. Your experience advances United Nations Sustainable Development Goal 15: Life on Land.

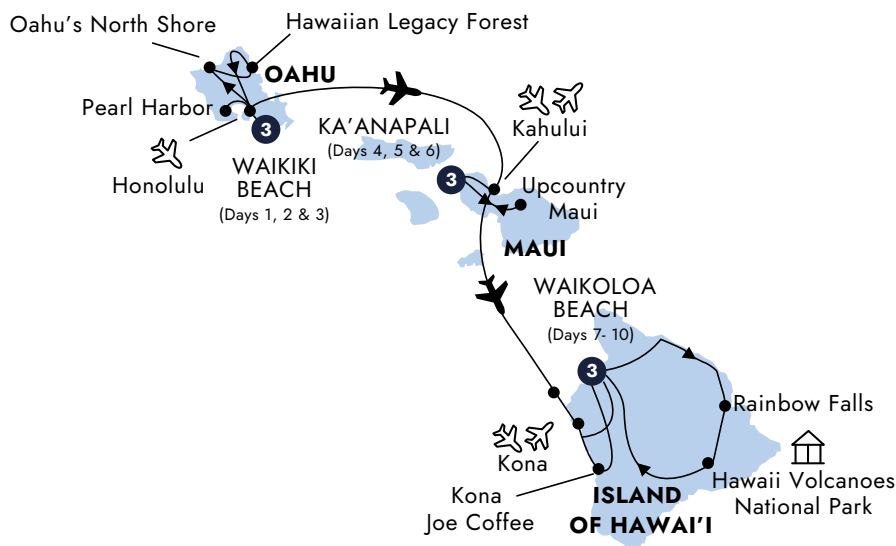
MAKE TRAVEL MATTER® EXPERIENCE

*Premium Dining*

Oahu | Savour an al fresco, sustainably sourced Farm-to-Table lunch, complemented by beautiful views of the North Shore.

Maui | Choose to dine at the Wailele Luau or one of your resort's other Top-rated Restaurants during your Dine-Around evening. Enjoy lunch at Hali'imaile General Store, the island's original Farm-to-Table restaurant.

For all inclusions see tour page online.

**KEY**

- Join/Leave Options
- Included Flights
- UNESCO Heritage Site
- Hotels and Nights
- Place Visited

Contrasts of Brazil & Argentina

Discover the contrasts of Argentina and Brazil, from tango halls to rainforest trails. You'll connect with gaucho traditions and take in Atlantic vistas before completing your tour with panoramic views from Sugarloaf Mountain.

9 DAYS | 2 COUNTRIES | 14 MEALS | BALANCED



Tour rating
coming soon.



Guest Review Rating



Trip code: ZABR

DEPARTURE MONTHS

January - March + September - December

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/argentinabrazil

DAY 1 | WELCOME TO BUENOS AIRES

Welcome to the sophisticated capital of Argentina, often affectionately dubbed the "Paris of South America". On arrival, you'll be transferred to your hand-picked hotel. Take time to settle in and unwind before joining your Travel Director and fellow guests for dinner. **(D)**
Hotel: MGallery Palladio, Buenos Aires

TRANSFER: A complimentary transfer to your hotel is scheduled according to your flight arrival time.

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | EXPLORE BUENOS AIRES

After a relaxed start, gain a deeper understanding of Argentina's identity as you explore the capital with your Travel Director. A guided walking tour takes you through key Argentina attractions. Immerse yourself in Argentina's grilling culture for lunch at Fogón Asado. This immersive dining experience reimagines traditional parrilla cooking, with chefs preparing premium cuts over an open flame, right before your eyes - a contemporary take on one of Argentina's most beloved culinary traditions. In San Telmo, experience an Insightful Encounter at El Viejo Almacén, one of the city's oldest tango venues, where dancers bring this expressive art form to life. **(B) (L) (RS)**

DAY 3 | INTO ARGENTINA'S PAMPAS

Leave the city behind as you journey into fertile lowlands, the Pampas, for a visit to La Bandada, a traditional estancia nestled among open plains and native woodlands. This family-run ranch offers a warm welcome and a glimpse into gaucho heritage, with a lunch of regional specialties served in a relaxed, rustic setting. Later, personalise your experience with Insight Choice. Discover Argentina's national sport with an introduction to polo, where you'll learn about the rules, strategy and enduring popularity of the game (no riding required). Alternatively, step into the kitchen for a hands-on cooking class, where the estancia's chef shares the secrets behind Argentina's beloved empanadas. **(B) (L)**

DAY 4 | IGUAZÚ NATIONAL PARK

Fly north to the province of Misiones, where the subtropical rainforest meets one of South America's greatest natural wonders. The Iguazú River plunges into a series of nearly 300 individual cascades, creating the awe-inspiring Iguazú Falls — wider than Victoria and taller than Niagara. As you arrive in Puerto Iguazú, you'll visit a forest-sheltered local market that supports sustainable producers and celebrates regional traditions. Here, enjoy an Insightful Encounter as you discover the storey behind Argentina's most iconic drink - mate, a herbal infusion made from the native yerba mate plant. Learn why this energising tea is more than a beverage - it's a daily ritual and a symbol of hospitality across Argentina. This evening, settle

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

into your premium retreat and the only hotel located inside Iguazú National Park. **(B)**
Hotel: Gran Meliá, Iguazú National Park

DAY 5 | THE ARGENTINIAN SIDE

Explore the Argentinian side of Iguazú Falls with your Local Expert, where a network of trails and walkways reveals the raw beauty of this UNESCO-listed site. Feel the spray on your skin as you approach the roaring Devil's Throat, and witness the power of nature up close from multiple vantage points across the rainforest canopy and riverbanks. In the evening, visit a local finca for a dinner steeped in regional flavour. Set amid native forest, this rural hideaway showcases seasonal produce and time-honoured recipes, offering a relaxed and authentic taste of Misiones province under open skies. **(B) (D)**

DAY 6 | OFF TO RIO DE JANEIRO

Wake inside Iguazú National Park and enjoy breakfast overlooking the rainforest canopy. Cross into Brazil with your Local Expert for a guided visit to the eastern side of the falls. Here you can see the entire waterfall system at once, including San Martín Island, from panoramic viewing platforms. Board your flight to Rio de Janeiro, where your hotel sits just moments from Copacabana Beach, one of the most iconic Brazil attractions. Your ocean-view room offers front-row views of one of Rio's most iconic shorelines. From the rooftop, watch the sun dip behind the mountains, or head out to explore the rhythm of local life in the surrounding streets. **(B)**

Hotel: Hilton Copacabana, Rio de Janeiro

DAY 7 | SIGHTSEEING IN RIO

Explore Rio de Janeiro with your Local Expert, discovering neighbourhoods and landmarks that reveal the city's history, culture and striking natural setting. Enjoy Fast Pass Access as you ride the cable car to the summit of Sugarloaf Mountain for panoramic views across Guanabara Bay and the surrounding peaks. Enjoy a MAKE TRAVEL MATTER® Experience at Refettorio Gastromotiva, a non-profit restaurant that transforms surplus food into gourmet meals. The initiative offers culinary training to members of marginalised communities, combining creativity and purpose to promote sustainability and social inclusion in the heart of the city. **(B) (L)**

DAY 8 | EXPLORE RIO DE JANEIRO

With your Local Expert, travel to the summit of Corcovado Mountain for a close look at Christ the Redeemer, one of the most recognisable landmarks in the world. Learn how its design blends engineering innovation with national identity, and take in views across Rio's natural amphitheatre of sea, mountain and city. Later, sit down to a traditional Brazilian barbecue at Assador Churrascaria. Located beside Guanabara Bay, the restaurant pairs classic dishes with one of Rio's most scenic settings. **(B) (D)**

DAY 9 | DEPART RIO DE JANEIRO

It's time to say goodbye to your fellow travellers as your trip comes to an end. You can take an organised transfer to Rio de Janeiro's Antônio Carlos Jobim International Airport or continue your exploration of Rio de Janeiro at your leisure. **(B)**



HIGHLIGHT INCLUSIONS

Premium Experiences

Buenos Aires | Enjoy a private tango demonstration and engage first-hand with the professional dancers.

Experience life on a traditional Argentine ranch in the Pampas with a homemade lunch prepared with ingredients from the estancia's own land.

Buenos Aires | *Insight Choice* Delve into the fast-paced world of polo, Argentina's most prestigious sport, or join a hands-on masterclass as you prepare empanadas.

Puerto Iguazú | Discover the storey behind mate, Argentina's most iconic drink made from the native yerba mate plant.

Iguassu Falls | Enjoy breathtaking views from both the Argentinian and Brazilian side of the park with a Local Expert.

Rio de Janeiro | Take a cable car ride up to Sugarloaf Mountain with Fast Pass Access.

Discover the contrasts between Rio's historic heart and modern spirit, guided by a Local Expert.

Rio de Janeiro | Dine at a non-profit Refettorio Gastromotiva where gourmet meals are prepared using surplus ingredients and trains members of marginalised communities. Your visit directly contributes to United Nations Sustainable Development Goal 12: Responsible Consumption and Production.

MAKE TRAVEL MATTER®
EXPERIENCE



Premium Dining

Buenos Aires | Discover the bold flavours of modern Argentine cuisine during a 9-course Asado Tasting Menu at Fogón Asado.

Iguazu National Park | Explore Guaraní food culture through a fire-cooked meal and live music.

For all inclusions see tour page online.



Peru with Machu Picchu & the Nazca Lines

Fly above the Nazca Lines, tour the ancient Koricancha temple and adventure through Machu Picchu and the ruins at Ollantaytambo.

13 DAYS | 1 COUNTRY | 24 MEALS | DYNAMIC



4.8/5

★★★★★

feefo

Guest Review Rating



Trip code: ZPERP

DEPARTURE MONTHS

March - November

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/perunazca

DAY 1 | WELCOME TO LIMA

Arrive in Lima for the first day of your journey. You will be met at the airport and transferred to your hotel. Unwind at your luxury abode, before meeting your Travel Director and fellow travellers in the evening for dinner with drinks. (D)

Hotel: MGallery Manto, Lima

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | EXPLORE LIMA

Explore the colourful capital of Peru this morning with your Local Expert. Delve into its colonial past and see key attractions. Visit Casa Aliaga, an impressive mansion that has been home to the Aliaga family for 17 generations. For art enthusiasts, head to Lima's Museo Larco, South America's highest-rated museum, showcasing a remarkable collection of pre-Columbian art. Enjoy lunch surrounded by the museum's stunning gardens. Then, meet a Local Expert to explore Peru's rich culture, ancient history and spiritual traditions through the museum's fascinating collections. (B) (L) (RS)

DAY 3 | LIMA TO SACRED VALLEY

After a morning flight to Cusco, begin your exploration with a tour of the Sacred Valley, whilst taking in impressive views on your scenic drive along the way. Enjoy lunch at Altar Inca, surrounded by some of the most stunning sights of the region. Arrive at your hotel for a leisurely evening. (B) (L)

Hotel: Aranwa Sacred Valley, Urubamba

DAY 4 | EXPLORE SACRED VALLEY

Begin the day with a visit to the stunning Maras salt pans before heading to an Incan laboratory in Moray, located on an archaeological site close to Cusco. Then join a MAKE TRAVEL MATTER® Experience and visit a local traditional Quechua weaver where you will learn first-hand about ancient weaving techniques and the importance these textiles have in shaping both personal and regional identities. Make your way to Laguna Piuray where you'll enjoy your lunch of Pachamanca, a traditional Peruvian feast. In the evening, transfer to Hacienda Huayocari, a gem of the Sacred Valley. Explore its grounds and sit down for a special dinner made with local farm-grown produce. (B) (L) (D) (RS)

DAY 5 | EXPLORE MACHU PICCHU

Board and prepare to be stunned for your 360° Inca Rail train ride that takes you through countless stunning sights of Peru. On the way, visit the Ollantaytambo ruins and stop at a local house in the village to meet the family living there for fantastic local insight into the region. In the afternoon, it is finally time to visit Machu Picchu, where you'll meet Local Experts for a guided visit in small groups. They will take you through the countless ruins and explain their historical and archaeological significance, as well as the importance of their location. End your day with a relaxing dinner and drinks at your hotel. (B) (D) (RS)

Hotel: Sumaq Machu Picchu, Aguas Calientes

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)
RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

DAY 6 | MACHU PICCHU AT LEISURE

Take in the beauty and history of Machu Picchu for a second time, spending your morning exploring at your own pace. The afternoon is at your leisure for further exploration or relaxation. Then in the evening enjoy a fantastic dinner with your fellow travellers. **(B) (D)**

DAY 7 | ON TO CUSCO

After breakfast, return by train to Ollantaytambo, where you will transfer to the ancient city of Cusco. Once you arrive, head out on a walking tour with a Local Expert. Visit its cathedral and the Korikancha temple, the most important temple in the Inca Empire. The evening is yours at leisure. **(B) (RS)**
Hotel: JW Marriott El Convento, Cusco

DAY 8 | EXPLORING CUSCO

Start your day with a walking tour of Sacsayhuaman. Afterwards, explore with Insight Choice. Choose to join a Local Expert on a guided hike of the Inca ruins at Puca Pucara. Alternatively, you can explore the lively and colourful San Pedro Market. Later, make your way to the city's planetarium for a private, after-hours tour, sample some local delicacies and hot wine as you gaze at the night sky. **(B) (L) (RS)**

DAY 9 | LEISURE TIME IN CUSCO

Today, explore Cusco at your own pace. Perhaps join an optional visit to the ChocoMuseum to discover the art of chocolate making or lace up your boots for a scenic hike to Rainbow Mountain. In the evening, join your fellow travellers for a memorable dinner at Inka Grill. **(B) (D) (RS)**

DAY 10 | FROM THE ANDES TO THE COAST

Depart Cusco and fly to Lima. From here, enjoy a leisurely coastal drive to the beach town of Paracas. Known for its sandy beaches, tranquil bay, wildlife and the Paracas Candelabra geoglyph. With the rest of your evening free, take the opportunity to relax at your beautiful resort right on the beach. **(B) (L)**

Hotel: Paracas, a Luxury Collection Resort

DAY 11 | PARACAS & THE NAZCA LINES

This morning meet a local fisherman to learn about their daily life and routine. Afterwards, take in the area from above with an aircraft ride over the mysterious Nazca Lines. This is truly the best way to experience this stunning UNESCO World Heritage Site in all its glory. **(B)**

DAY 12 | BALLESTAS ISLANDS AND PERUVIAN WILDLIFE

Home to blue footed boobies, Humboldt penguins, Peruvian pelicans, fur seals and sea lions, the Ballestas Islands are famous for their abundant marine life as well as striking rock formations. Soak it all in on this morning's scenic cruise with your Local Expert. Experience another side of the area in the nearby city of Ica at a pisco distillery for a tasting. Enhance your cultural discoveries at one of Peru's finest small museums housing mummies, skulls, fossils, ceramics, textiles and artefacts from the Inca and other significant civilisations of the region. **(B) (L)**

DAY 13 | CHINCHA AND RETURN TO LIMA

During your return to Lima, stop at Hacienda San José in Chincha and gain insight into a darker chapter of Peruvian history at this former slave plantation. After immersion in Peru's history, your tour concludes with a drop-off at Lima airport. **(B) (L) (RS)**

TRANSFER: Arrive at the airport at 18:00.

Women-Only Option

We also offer an exclusive Women-Only option for this tour. Designed by women, for women, this inspiring journey welcomes up to 24 like-minded guests and features enriching experiences that support female-owned businesses. To read the full itinerary visit insightvacations.com/women-only or speak to your Travel Agent.

**HIGHLIGHT INCLUSIONS***Premium Experiences*

Lima | Tour Museo Larco's collection of Pre-Columbian art.

Machu Picchu | Enjoy a guided visit with a Local Expert.
 Journey in style on your 360° IncaRail train ride.

Cusco | *Insight Choice* Explore San Pedro Market on a guided tour, or join a guided hike of the Inca ruins in Puca Pucara.

Cusco | Enjoy an after-hours Planetarium visit to learn how the Incas interpreted the stars.

Explore the Incan archeological site of Sacsayhuaman.

Paracas | Take to the skies to see the iconic Nazca Lines.
 Enjoy a scenic cruise to the Ballestas Islands.

Ica | Delve into the history of the nation's beloved drink, pisco, during a tasting at a local distillery.

Sacred Valley | Visit a local traditional Quechua weaver for a private textile presentation and learn about ancient technique and their cultural significance. Your experience advances United Nations Sustainable Development Goals 5 & 10: Gender Equality Reduced Inequalities.

MAKE TRAVEL MATTER®
 EXPERIENCE

*Premium Dining*

Lima | Discover traditional flavours in Museo Larco's 18th century garden.

Sacred Valley | Enjoy a Pachamanca, a traditional Peruvian Feast, on the shores of Laguna Piuray.

Cusco | Savour a slow-cooked Cusqueñan lunch in the courtyard of a historic mansion.

For all inclusions see tour page online.

Heart of Patagonia

Journey deep into Patagonia to explore national parks, cruise past vast glaciers and walk beneath the Andes. You'll discover traditional ranch life and gain insights with a glacier expert in this strikingly remote region.

12 DAYS | 2 COUNTRIES | 19 MEALS | BALANCED



Tour rating
coming soon.

feefo

Guest Review Rating



Trip code: ZPAT

DEPARTURE MONTHS

January - February + April + October - November

For dates, prices and to choose your group size call your Travel Agent or see insightvacations.com/heartofpatagonia

DAY 1 | TOUCHDOWN IN CHILE

Welcome to Santiago, Chile's vibrant capital nestled between the Andes and the Pacific. You will be met at the airport and transferred to your hotel. Settle in, and meet your Travel Director and fellow guests over a relaxed dinner, looking ahead to the journey ahead. (D)

Hotel: NOI Vitacura, Santiago

TRANSFER: A complimentary transfer to your hotel is scheduled according to your flight arrival time.

WELCOME: Meet your Travel Director at 18:00.

DAY 2 | SIGHTS OF SANTIAGO

Discover Santiago's soul with your Local Expert. Admire neoclassical architecture, visit the bustling Central Market and take in city views from San Cristóbal Hill. At Pueblito Los Dominicos, enjoy a MAKE TRAVEL MATTER® Experience as you meet artisans preserving the art of horsehair weaving, a cherished tradition in southern Chile. (B) (RS)

DAY 3 | ON TO PUERTO NATALES

Fly south to Punta Arenas, gateway to Patagonia. Cross the vast steppe to Puerto Natales, a quiet town on Seno Última Esperanza. Here, glacier-fed waters and distant peaks offer your first taste of Patagonia's rugged beauty. (B)

Hotel: Remota Patagonia Lodge, Puerto Natales

DAY 4 | ÚLTIMA ESPERANZA FJORD

Cross the glacier-fed waters of Última Esperanza Fjord by boat, arriving at Estancia La Península: a working Patagonian ranch set amidst breathtaking southern scenery. You're welcomed with traditional sopaipillas, crispy fried pumpkin dough, served with homemade jam before choosing your own way to explore the landscape. Ride horseback along trails once used by gauchos or join a guided hike through wetlands and evergreen forest, rich in birdlife and native flora. Later, gather for a slow-roasted lamb barbecue, then watch skilled sheepdogs at work and learn about shearing techniques that have shaped rural life in Patagonia for generations. (B) (L)

DAY 5 | PUERTO NATALES TO TORRES DEL PAINE

Enter Torres del Paine National Park, a UNESCO Biosphere Reserve. Settle in at Hotel Las Torres Patagonia. You may wish to discover the traditions of Patagonian horsemen, whose bond with the land and their horses is central to life in the south, or explore the hotel's organic gardens and learn how sustainable practices support the fragile local ecosystem. Both experiences offer a unique window into the spirit of Patagonia. (B) (L) (D) (RS)

Hotel: Las Torres Patagonia, Torres del Paine National Park

INCLUDED MEALS: Breakfast (B) Lunch (L) Dinner (D)

RELAXED STARTS: (RS)

HOTELS: On occasion, hotels of a similar standard and location may be used.

DAY 6 | TORRES DEL PAINE NATIONAL PARK

Uncover the contrasts of Torres del Paine. Visit panoramic lookouts at Puente Negro, Nordenskjöld, Sarmiento and Lake Pehoe, and witness the force of Salto Grande waterfall. Pause for a gourmet al fresco lunch set against jagged peaks. Walk along Lago Grey, where icebergs drift from the glacier. Reflect over dinner amid this untouched wilderness. **(B) (L) (D)**

DAY 7 | EL CALAFATE AND LOS GLACIARES NATIONAL PARK

Travel into Argentina to El Calafate, gateway to Los Glaciares National Park. Named after the native berry believed to guarantee a return, this remote town marks your transition from Chilean to Argentine Patagonia. **(B)**
Hotel: Posada Los Alamos, El Calafate

DAY 8 | GLACIERS OF PATAGONIA

Set out on a full-day exploration of Los Glaciares National Park, a UNESCO World Heritage Site home to some of Patagonia's most iconic ice fields. Cruise across Argentino Lake, passing massive icebergs en route to the Upsala Glacier, one of the largest in South America. Continue through the Spegazzini Channel to view its towering namesake glacier, the park's tallest. Disembark for a guided nature walk through native lenga forest, then enjoy a scenic lunch aboard the boat before approaching the dramatic northern face of Perito Moreno Glacier. **(B) (L)**

DAY 9 | PERITO MORENO GLACIER

Get up close to Perito Moreno Glacier. Wander the boardwalks for panoramic views and, if lucky, witness calving ice. Visit the Glaciarium Patagonia Ice Museum and gain a deeper understanding of Patagonia's glaciers through a talk with a Local Expert. Discover how these vast ice fields have shaped the region's geography over thousands of years. **(B)**

DAY 10 | OFF TO BUENOS AIRES

Fly north to Buenos Aires, Argentina's lively capital. Trade wild landscapes for grand boulevards, tree-lined streets and a spirited urban culture. **(B)**
Hotel: MGallery Palladio, Buenos Aires

DAY 11 | EXPLORE BUENOS AIRES

Take a deep dive into Buenos Aires on a city tour through its historical and cultural heart. From Teatro Colón and Plaza de Mayo to colourful La Boca and refined Recoleta, each district reveals a different facet of the city. End your journey with a farewell dinner and tango show at El Viejo Almacén in San Telmo for a fitting finale. **(B) (D)**

DAY 12 | DEPART BUENOS AIRES

Your journey comes to an end as you bid farewell to your Travel Director and fellow guests before your transfer to the airport. **(B)**

TRANSFER: A complimentary transfer from your hotel to the airport is scheduled according to your flight departure time.

HIGHLIGHT INCLUSIONS

Premium Experiences

Santiago | Discover neoclassical landmarks and panoramic views with a Local Expert.

Puerto Natales | *Insight Choice* Explore the rich biodiversity on a hike with a Local Expert, or explore the landscape on horseback.

Torres del Paine National Park | Take a scenic drive through Chile's Patagonia Region. Explore the rugged beauty with a hike along the shores of Lago Grey.

Torres del Paine National Park | *Insight Choice* Tour the region's oldest organic kitchens and garden at Reserva Cerro Paine, or meet the baqueanos and learn the Patagonian way of life as you sip yerba mate tea with these guardians of local ranching tradition.

El Calafate | Cruise past towering icebergs and glacial cliffs.

Visit the Glaciarium, a cutting-edge interpretive centre.

Meet a glacier expert, for a deeper understanding of the Patagonia.

Take in panoramic views of Perito Moreno Glacier from a network of elevated boardwalks.

Santiago | Meet southern Chilean artisans at Santiago's Pueblito Los Dominicos and see how delicate strands of horsehair are dyed, woven and transformed into intricate designs. Your experience advances United Nations Sustainable Development Goal 11: Sustainable Cities and Communities.

MAKE TRAVEL MATTER®
EXPERIENCE



Premium Dining

Puerto Natales | Discover deep-rooted traditions of Chile's southern frontier during a traditional Patagonian lamb barbecue at Estancia La Peninsula.

Torres del Paine National Park | Enjoy a taste of Patagonian tradition during a dinner prepared with fresh ingredients and inspired by the rugged beauty of Torres del Paine.

Buenos Aires | Spend an evening at El Viejo Almacén, one of Buenos Aires' oldest and most revered tango venues. Your dinner is followed by an evocative tango performance celebrating Argentina's living cultural legacy.

For all inclusions see tour page online.



KEY

Join/Leave Options Included Flights UNESCO Heritage Site Hotels and Nights

Place Visited

Worldwide Guest Favourites

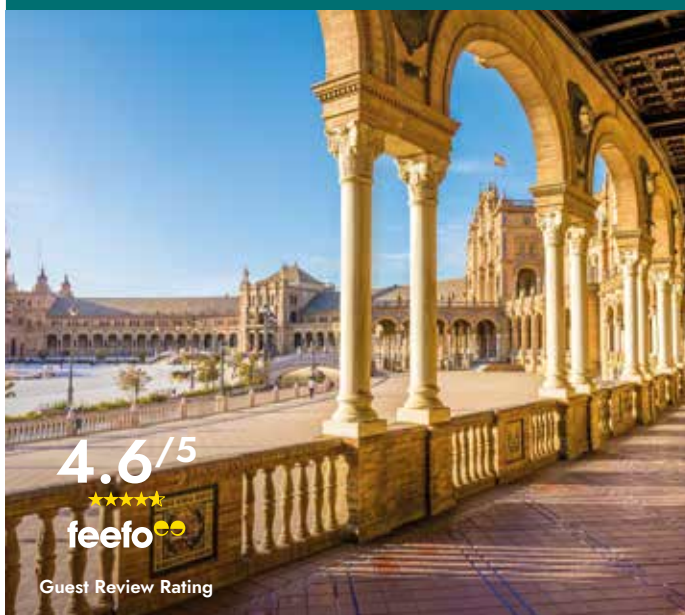
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Best of Spain & Portugal

Explore grand castles, historic cities and iconic landmarks. Highlights include the Prado Museum, the Alhambra Palace, olive oil tasting, flamenco lessons and port wine sampling – combining culture, cuisine and history into 15 unforgettable days.

15 DAYS | 3 COUNTRIES
21 MEALS | BALANCED



KEY
✈ Join/Leave Options 🏠 UNESCO Heritage Site 1 Hotels and Nights ● Place Visited
○ Optional Place Visited ■ Trip Options



Trip code: E932/W932

DEPARTURE MONTHS
Year-round

For full details, see
insightvacations.com/bestspain

Best of Italy

Discover ancient history, enjoy Farm-to-Table dining near Mount Vesuvius, visit romantic Capri and cruise canals by gondola. Discover Renaissance artisan crafts and end with a private opera dinner on an unforgettable 11-day Italian escape.

11 DAYS | 2 COUNTRIES
16 MEALS | BALANCED



4.7/5

★★★★★

feefo

Guest Review Rating



Trip code: E922/W922

DEPARTURE MONTHS
Year-round

For full details, see
insightvacations.com/bestitaly

Country Roads of Switzerland

Ride the Glacier Express, ascend Mount Stanserhorn, explore charming Bern and Gruyères, and wander alpine villages like Grindelwald and St. Moritz. Enjoy cable cars, waterfalls and a Farm-to-Table Swiss feast — all in 14 magical days.

14 DAYS | 1 COUNTRY
18 MEALS | BALANCED

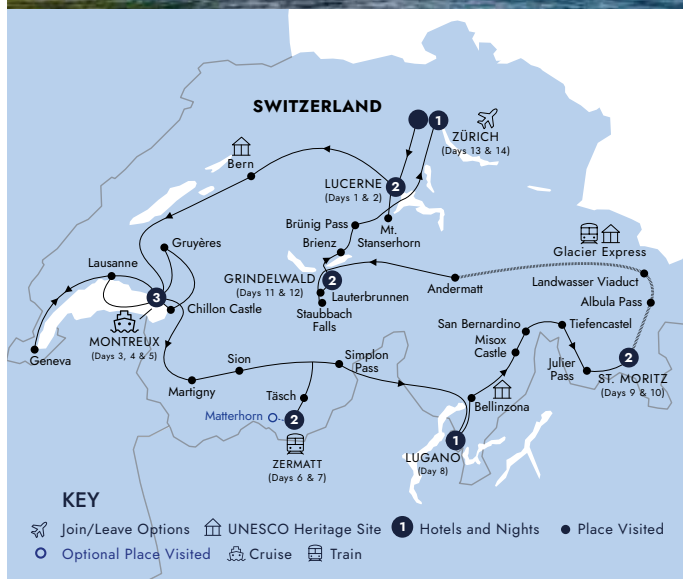


4.7/5

★★★★★

feefo

Guest Review Rating



Trip code: E728

DEPARTURE MONTHS
April - September

For full details, see
insightvacations.com/crswitzerland

Britain & Ireland Discovery

Immerse yourself in historic gems like Bath, Stonehenge, Kilkenny Castle and Edinburgh Castle. Visit Dublin's Guinness Storehouse and stroll York's medieval streets. Blend cultural treasures and scenic landscapes into 22 enchanting days.

22 DAYS | 5 COUNTRIES
33 MEALS | BALANCED



Country Roads of Scotland

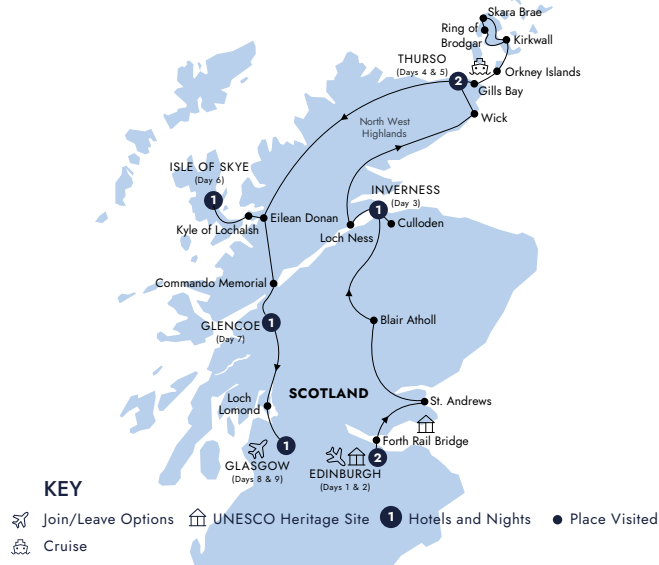
Be captivated by Scotland's wild beauty and rich heritage on this 9-day immersive journey. Explore the Isle of Skye, cross the Pentland Firth to the Orkney Islands and uncover royal history at Edinburgh Castle.

9 DAYS | 1 COUNTRY
14 MEALS | BALANCED



KEY

✈ Join/Leave Options 🏰 UNESCO Heritage Site ① Hotels and Nights ● Place Visited
🚢 Cruise



KEY

✈ Join/Leave Options 🏰 UNESCO Heritage Site ① Hotels and Nights ● Place Visited
🚢 Cruise



Trip code: B959

DEPARTURE MONTHS
April - September

For full details, see
insightvacations.com/ivdiscovery



Trip code: B905

DEPARTURE MONTHS
April - September

For full details, see
insightvacations.com/crscotland

Country Roads of Croatia

Enjoy Sea-to-Table oysters in Ston and visit Plitvice Lakes National Park, where waterfalls and folklore offer an enchanting escape. Explore palaces, visit ancient cities and set sail in Dubrovnik as you uncover Croatia's rich heritage and coastal beauty in just 14 days.

14 DAYS | 2 COUNTRIES
19 MEALS | BALANCED



Trip code: E962

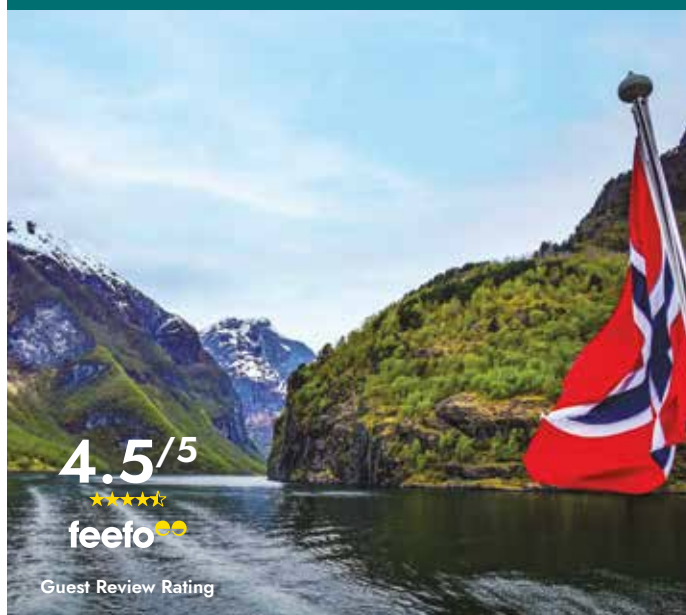
DEPARTURE MONTHS
April - October

For full details, see
insightvacations.com/crcroatia

Spectacular Scandinavia & its Fjords

Explore Stockholm's Nobel halls, sail Geirangerfjord's glacial waters and ride the iconic Flåm Railway. From Sweden's pastoral landscapes to Norway's fjords, experience 15 days where nature and heritage meet you at every turn.

15 DAYS | 3 COUNTRIES
21 MEALS | BALANCED



Trip code: E941

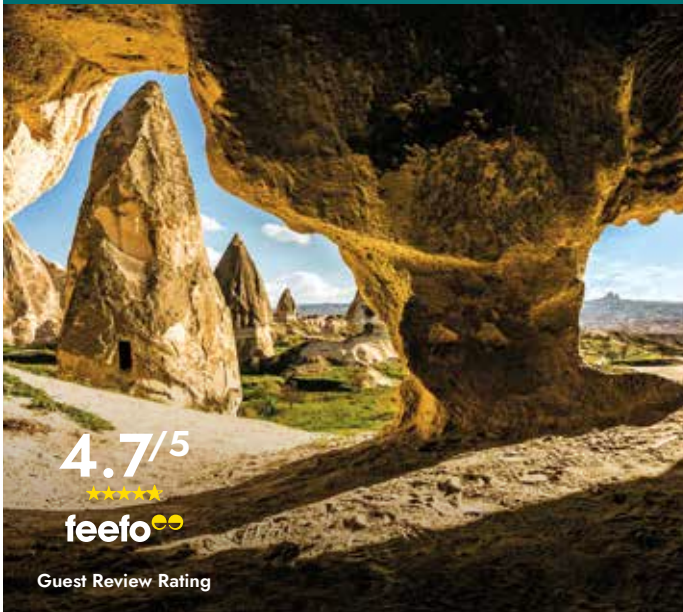
DEPARTURE MONTHS
April - August

For full details, see
insightvacations.com/fjords

Treasures of Turkey

From Cappadocia's cave dwellings to Istanbul's Blue Mosque and bustling Grand Bazaar, explore the cultural wonders of Turkey. You'll admire Ephesus and Göreme's rock churches, see whirling dervishes and enjoy local cuisine on this 15-day adventure.

15 DAYS | 1 COUNTRY
24 MEALS | BALANCED



4.7/5

feefo

Guest Review Rating

Jordan Experience

Uncover Jerash's Greco-Roman ruins, gaze from Mount Nebo and walk Petra's rose-red canyons. Discover Shobak Castle's hidden passages, Amman's Citadel or vibrant street art as you embark on a captivating 7-day journey through desert landscapes and timeless cities.

7 DAYS | 1 COUNTRY
13 MEALS | DYNAMIC



4.7/5

feefo

Guest Review Rating



KEY

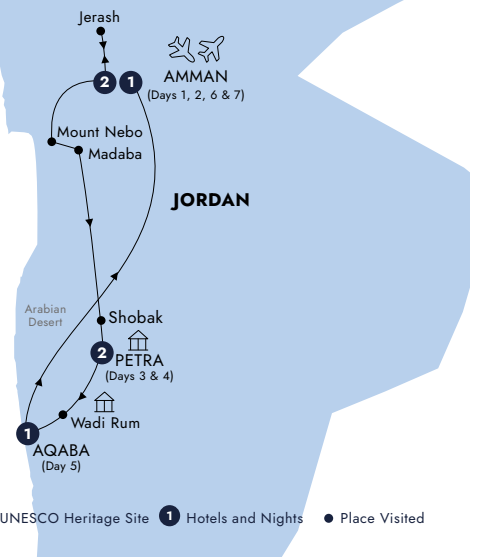
✈ Join/Leave Options 🏠 UNESCO Heritage Site ① Hotels and Nights ● Place Visited



Trip code: I949

DEPARTURE MONTHS
April - October

For full details, see
insightvacations.com/treasuresturkey



KEY

✈ Join/Leave Options 🏠 UNESCO Heritage Site ① Hotels and Nights ● Place Visited



Trip code: I888/W888A

DEPARTURE MONTHS
Year-round

For full details, see
insightvacations.com/jordanexp

Glories of Greece

Explore the Acropolis, Olympia and Meteora's soaring monasteries, and learn to make tzatziki with an acclaimed chef. In 7 days, travel from Athens to Mycenae as you mix iconic ruins, mythical tales and timeless artistry woven with breathtaking landscapes.

7 DAYS | 1 COUNTRY
11 MEALS | DYNAMIC



4.6/5

feefo

Guest Review Rating



DEPARTURE MONTHS
Year-round

For full details, see

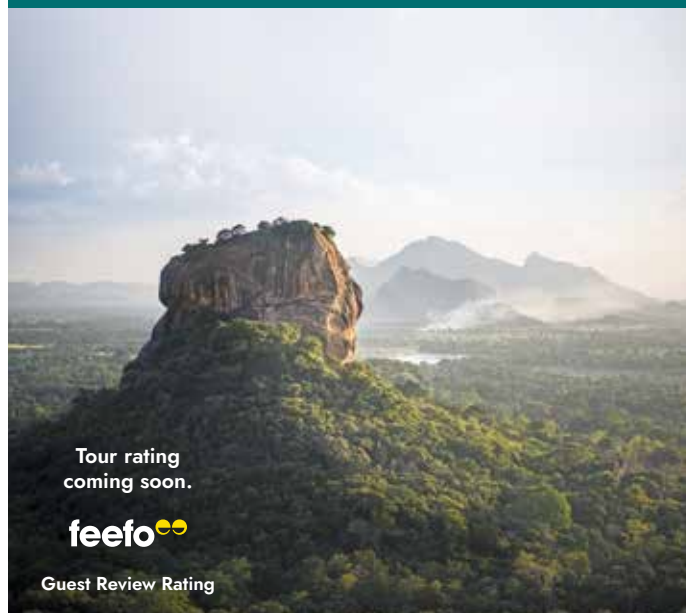
Trip code: I951B/W951

insightvacations.com/gloriesgreece

Wonders of Sri Lanka

Journey through ancient wonders and wild beauty. Explore Anuradhapura's sacred ruins, ascend iconic Sigiriya Rock Fortress, a UNESCO marvel rising from the jungle. Roam tea country and seek the elusive leopard in Yala on this 13-day discovery of Sri Lanka.

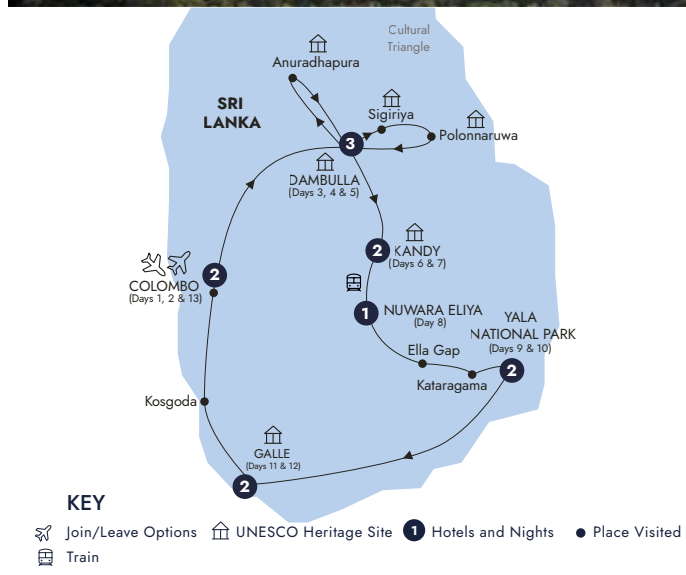
13 DAYS | 1 COUNTRY
26 MEALS | BALANCED



Tour rating
coming soon.

feefo

Guest Review Rating



DEPARTURE MONTHS
January - April + August - December

For full details, see

Trip code: A530

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HIGH-END**4.6/5****LUXURY GOLD**

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PREMIUM**4.6/5****INSIGHT VACATIONS**

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VALUE**4.6/5****TRAFALGAR**

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SPECIALIST**4.9/5****AATKings**

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ON A BUDGET**4.5/5****costsaver.**

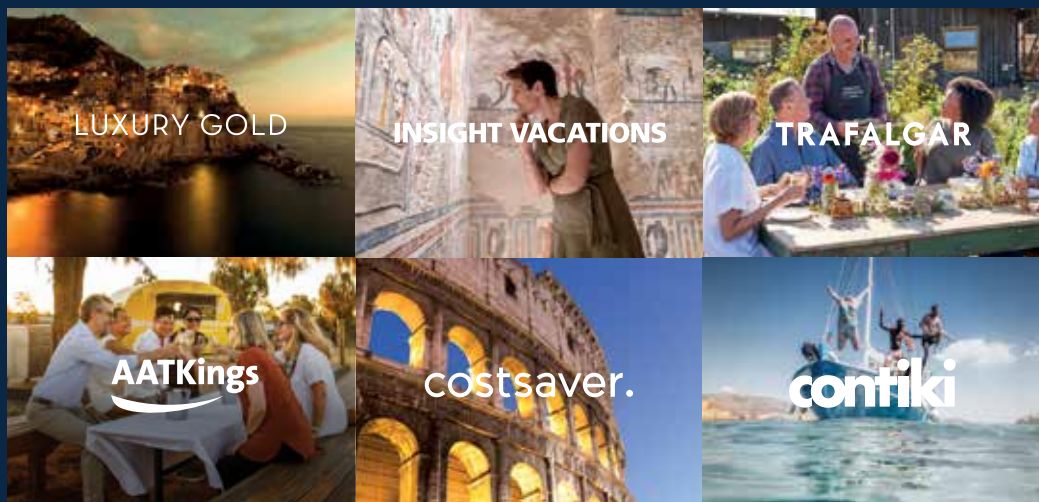
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NEXT-GEN**4.6/5****contiki**

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